



3 Beliefs for a Better Year

Week 1: God Is Always Good

Big Idea

We can't make God move, but we can prepare our hearts to join Him when He does.

WARM UP

Warm-Up Question: What's something good—big or small—you've enjoyed recently?

VIEW MESSAGE

[Watch the Message from this Week](#)

VIDEO NOTES



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READ ALOUD

Have someone read Exodus 33:18–19 and Exodus 34:6–7 aloud.

DISCUSS

1. Beliefs Drive Our Lives

Beliefs shape feelings, and feelings shape actions.

- Why do you think beliefs—often more than circumstances—determine how we live and respond?
- Can you think of a time when a belief you held (true or untrue) shaped a major decision?

2. Wanting More of God

Read Exodus 33:18

Moses already knew God deeply, yet he still asked, “Show me your glory.”

- What does Moses’s request reveal about people who truly know God?
- How does this challenge the idea that we can ever “arrive” spiritually?



3. God Defines His Own Goodness

Read Exodus 33:19

When God reveals His glory, He reveals His goodness.

- What stands out to you about the fact that God's goodness is His glory?
- How does this shape the way you think about God's core character?

4. What God Means When He Says He Is Good

Read Exodus 34:6–7

God defines His goodness with words like compassionate, gracious, slow to anger, abounding in love and faithfulness.

- Which part of God's self-description do you find most comforting? Most challenging?
- How does God's justice fit with His goodness rather than contradict it?

5. When Life Doesn't Feel Good

Read Romans 8:28 & Genesis 50:20

- Why do you think it's tempting to question God's goodness during suffering or disappointment?
- How do these verses help anchor faith when circumstances don't make sense?



6. Living Out the Belief: God Is Always Good

The message said that if we truly believe God is always good, then:

We can trust Him (Psalm 9:10)

We can follow Him (Psalm 119:68)

We can come back to Him (Romans 2:4)

- Which of these is hardest for you right now—and why?
- What would it look like this week to live as if God is genuinely good?

APPLY IT

Move from reflection to action.

Personal Reflection:

When you think about God right now, what words honestly come to mind first?

How do those words affect the way you relate to Him?

Group Prayer:

Pray that God would gently reshape any false beliefs about Him and deepen your confidence in His goodness—especially in uncertain or painful areas of life.

LOOKING AHEAD

Next week, we'll explore the second belief in the series and continue building a foundation of truth that can shape not just this year—but our entire lives.



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