

Title: Holy Communion – Heaven’s Mystery on Earth

1 Corinthians 11:23–28

1. Introduction

Church, today we are not just talking about bread and juice — we are stepping into a divine mystery that has the power to heal bodies, break chains, and renew covenants.

Holy Communion is more than a church tradition; it is a spiritual encounter where Heaven touches earth.

The early church “devoted themselves to the breaking of bread” (**Acts 2:42**) because they understood its power — many of us only know it as a ritual.

Point 1 – Union with Christ Is a Spiritual Transfer of Life

John 6:56 – “Whoever eats my flesh and drinks my blood remains in me, and I in them.”

Revelation Flow:

a. When you eat physical bread, it enters your body and becomes part of you — in the same way, when you eat the bread of Christ, His divine life enters your spirit and becomes part of your spiritual DNA.

b. At the Cross, there was a divine exchange: He took our sin, curse, weakness, and death — and in Communion, we receive His righteousness, blessing, strength, and eternal life.

c. Jesus didn’t just want us to remember Him; He wanted us to remain in Him. Communion is not a photo album of the past — it’s a lifeline in the present.

d. When you take the bread in faith, you are saying: “My life is no longer my own; Christ lives in me.”

Prophetic Example

Imagine a dying patient receiving a blood transfusion — the moment the healthy blood flows in, life starts returning. That's what happens when the blood of Jesus flows into your spirit in Communion.

Point 2 – Proclamation of His Death Is an Activation of Victory

1 Corinthians 11:26 – “For whenever you eat this bread and drink this cup, you proclaim the Lord’s death until he comes.”

Revelation Flow:

a. When you take Communion, you are not just looking back to the Cross — you are making a legal announcement in the spiritual realm: “Satan, your authority over me is broken.”

b. The blood is the signature of the New Covenant — a covenant of healing, deliverance, and eternal life. Every time you drink it, you reaffirm that contract.

c. Communion is both a memorial of victory in the past and a prophecy of glory in the future — we declare not only that He died but that He is coming back.

d. This is why the devil hates Communion — because every time the Church eats and drinks in faith, It is enforcing Calvary’s victory.

Point 3 - Prepare Their Hearts

1 Corinthians 11:28: *"Let a person examine themselves before they eat..."*

- Call for a moment of repentance, forgiveness, and surrender.
- Lead in a short prayer:
Psalm 139:23 *"Lord, search my heart. Forgive my sins. Wash me in Your blood. Today I come to Your table with humility, faith, and expectation.*

Conclusion

Today, as we come to the Lord's Table, don't come with empty tradition — come with faith and expectation. See the bread as His body is broken for your healing. See the cup as His blood sealing your victory. When you eat, receive His life. When you drink, proclaim His victory.

Prophetic Declaration:

Lift the bread:

"Lord Jesus, I thank You for Your body. As I eat, I receive Your life and strength. My weakness is exchanged for Your power. Amen."

Lift the cup:

"Lord Jesus, I thank You for Your blood. As I drink, I proclaim Your victory over my life. I am in covenant with You forever. Amen."