

## Sermon Series: A HAPPY HOME

### Sermon Title: "Break the Quit Cycle"

Scripture: Galatians 6:9-10 (NIV)

#### INTRODUCTION

1. On a scale of 1-10, how happy is your home: \_\_\_\_\_
2. What would you say is the most difficult challenge in your home life: \_\_\_\_\_
3. What is your greatest hope for your home life: \_\_\_\_\_

#### LET'S LEARN OUR ABC's

A  
ZONE

\_\_\_\_\_ (Promise)

B  
ZONE

\_\_\_\_\_ (Problems)

C  
ZONE

\_\_\_\_\_ (Payoffs)

Q  
ZONE

\_\_\_\_\_ (Quit)

1. When our B-ZONE \_\_\_\_\_ (disappointments) eclipse our A-ZONE \_\_\_\_\_ (dreams), we go to the Q-Zone
2. Every A-ZONE leads to a B-ZONE, and if you always go to the Q-ZONE you develop an addictive \_\_\_\_\_ (habit) of quitting
3. People usually quit on the \_\_\_\_\_ (small) stuff before they quit on the \_\_\_\_\_ (big) stuff
4. There are more ways to quit than just filing for \_\_\_\_\_ (divorce)
5. Sadly, too many Christians \_\_\_\_\_ (endure) their marriage, rather than \_\_\_\_\_ (enjoy) it

#### HOW DO WE BREAK THE QUIT CYCLE & HAVE A HAPPY HOME:

1. Build B-ZONE \_\_\_\_\_ (muscle) "wash one another's feet"
2. Develop C-ZONE \_\_\_\_\_ (hope) "see beyond the problems to the possibilities"
3. Practice B-ZONE \_\_\_\_\_ (reps) "keep at it"
  - put yourself in your partner's \_\_\_\_\_ (shoes)
  - always give your partner the \_\_\_\_\_ (benefit) of the doubt
  - \_\_\_\_\_ (pray) together

**CLOSE:** Don't Quit...God \_\_\_\_\_ (never) quits on you!