

DON'T GIVE UP: There is HELP, There is HOPE!

KEY VERSE: “May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.” **(Romans 15:13)**

Sermon Title: “CHANGING YOUR LIFE, BY CHANGING YOUR MIND”

Scripture: Romans 11:33-12:2 (NIV)

Intro: God is far more interested in changing your _____ (mind) than in changing your _____ (circumstances).

WHY I MUST MANAGE MY MIND?

1. Because my thoughts _____ (control) my life
2. Because the mind is the battleground for _____ (sin)
3. Because the mind is the key to _____ (peace) and happiness

THREE DAILY CHOICES FOR A HEALTHY MIND

1. I must _____ (feed) my mind with truth
-“Man does not live on bread alone, but by every word that comes from the mouth of God” **(Matthew 4:4)**
-“If you hold to my teaching, you are really my disciples. Then you will know the truth, and the truth will set you free” **(John 8:31-32)**
2. I must _____ (free) my mind from destructive thoughts
-“Those who live according to the sinful nature have their minds set on what that nature desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires” **(Romans 8:5)**
-“For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ” **(II Corinthians 10:3-5)**

HOW TEMPTATION WORKS

- Step One: _____ (Desire)
- Step Two: _____ (Doubt)
- Step Three: _____ (Deception)
- Step Four: _____ (Disobedience)
- Step Five: _____ (Death)

3. I must _____ (focus) my mind on the right things
- “Set your minds on things above, not on earthly things” (Colossians 3:2)
 - “Finally, brothers, whatever is true, whatever is noble, whatever is pure, whatever is lovely, whatever is admirable, if anything is excellent or praiseworthy, think about these things” (**Philippians 4:8**)

RIGHT THOUGHTS

- Think about _____ (Jesus)
- Think about _____ (Others)
- Think about _____ (Eternity)

CLOSE: The reason why most people are ineffective in life and actually fail at life is because they've never learned how to fight the battle of the mind.