

## **Sermon Series: A HAPPY HOME**

### **Sermon Title: “Get Your Hands Up”**

**Scripture: Exodus 17:8-16 (NIV)**

#### **REVIEW: Breaking the Quit Cycle**

- A Zone: \_\_\_\_\_ (Promise)
- B Zone: \_\_\_\_\_ (Problems)
- C Zone: \_\_\_\_\_ (Pay Offs)
- Q Zone: \_\_\_\_\_ (Quit)

**INTRO:** Prayer means I \_\_\_\_\_ (surrender), but I don’t \_\_\_\_\_ (give) up!

**TWO BATTLEFIELDS:** the seen \_\_\_\_\_ (physical) realm, and the unseen \_\_\_\_\_ (spiritual) realm

-“If you want to win in your marriage...prayer isn’t optional, it’s a necessity. It’s literally life or death” (Kevin Myers)

#### **BATTLEFIELD LESSONS**

1. Become warriors who \_\_\_\_\_ (fight) for your marriage
2. Remember that \_\_\_\_\_ (prayer) is more than half the battle
3. Don’t expect that keeping your hands up will be \_\_\_\_\_ (easy)

#### **HOW TO PRAY: ACTS**

1. \_\_\_\_\_ (Adoration)
2. \_\_\_\_\_ (Confession)
3. \_\_\_\_\_ (Thanksgiving)
4. \_\_\_\_\_ (Supplication) or Stuff

**CLOSE:** Pray together for \_\_\_\_\_ (seven) consecutive days!

**“THE BATTLE IS THE LORDS!”**