

SERMON SERIES: "DON'T GIVE UP: There is HELP, There is HOPE"

KEY VERSE: "May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit." (Romans 15:13)

LIES	TRUTH
"I Hate Myself"	"You Are Loved"
"I Don't Matter"	"You Have a Purpose"
"I Don't Fit In"	"You Belong"
"I Want to Give Up"	"You Have a Choice"
"I Feel Useless"	"You Are Needed"

Sermon Title: "SEVEN WEAPONS of SELF DESTRUCTION"

Scripture: Romans 7:15, 21-25a (NIV)

SEVEN WEAPONS OF SELF DESTRUCTION:

1. _____ (Shame)
-You cannot be _____ (happy) and feel ashamed at the same time
2. Uncontrolled _____ (thoughts)
-If you don't learn how to control your thoughts, your thoughts will _____ (ruin) your life
3. _____ (Compulsions)
-Compulsions are _____ (inner) drives, desires, lusts, habits & impulses
4. _____ (Fear)
- _____ (God) does not give us the spirit of fear
5. _____ (Hopelessness)
-Hopelessness is a feeling of despair that life will never get _____ (better). At its most extreme, hopelessness leads to _____ (suicidal) thoughts
6. _____ (Bitterness)
-You never hurt other people with your bitterness like you hurt _____ (yourself)
7. _____ (Insecurity)
-If you don't learn how to deal with insecurity it will cause you to do _____ (foolish) things

CLOSE: Who will rescue me from this body of death: _____ (Jesus) _____ (Christ)

COMMUNION: He was broken for our brokenness!