

**SERMON SERIES:** "DON'T GIVE UP: There is HELP, There is HOPE"

**KEY VERSE:** "May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit." (**Romans 15:13**)

**Sermon Title:** "SET FREE FROM ME"

**Scripture:** Romans 8:1 (NIV)

**HOW CAN I BE SET FREE FROM ME?**

1. Remind myself daily what \_\_\_\_\_ (Jesus) did for me  
-Romans 8:1-4
2. Ask the Holy Spirit to give me better \_\_\_\_\_ (thoughts)  
-Romans 8:5-7
3. Realize I have a new \_\_\_\_\_ (power) to say no  
-Romans 8:9, 12
4. Turn my thoughts to God whenever I'm \_\_\_\_\_ (afraid)  
-Romans 8:14-16
5. Focus on the \_\_\_\_\_ (long) term, not the \_\_\_\_\_ (short) term  
-Romans 8:17-18
6. Remind myself that God is \_\_\_\_\_ (good) and in \_\_\_\_\_ (control)  
-Romans 8:26-28, 31-32
7. Trust in the fact that God will never stop \_\_\_\_\_ (loving) me  
-Romans 8:38-39