



Small Group Guide: Touching Jesus

Mark 5:25-34

Key Scripture

"And he said to her, 'Daughter, your faith has made you well. Go in peace and be healed of your affliction.'" - Mark 5:34

Sermon Summary

This message explores the story of the woman with the issue of blood who reached out to touch Jesus. After 12 years of suffering and exhausting all natural remedies, she heard about Jesus and made the decision to press through the crowd to touch Him. Her healing came not just from Jesus' power, but through her active faith—she moved, she spoke, and she reached out. Jesus affirmed that "your faith has made you well," showing us that miracles often require us to reach into the realm of the impossible with active, moving faith.

Key Takeaways

- ✓ God's nature doesn't change—He is still Jehovah Rapha, our Healer, and He still moves, speaks, and performs miracles today.
- ✓ Testimonies ignite faith—Hearing what God has done for others gives us faith to believe He can do it for us.
- ✓ Faith requires movement—It's not enough to mentally agree; we must move toward God, speak His Word, and reach out to touch Him.
- ✓ There's a difference between thronging and touching—Being in God's presence isn't the same as intentionally reaching out to receive from Him.
- ✓ "Your faith has made you well"—God's power is available, but our active faith positions us to receive it.
- ✓ The miracle was available the whole time—We don't make miracles happen; we position ourselves through faith to receive what's already available.

Discussion Questions

Section 1: Understanding the Problem

1. The woman had suffered for 12 years—physically, emotionally, financially, and socially. How do long-term problems affect different areas of our lives?
2. What problems in your life have you tried to solve through natural means alone? When did you realize you needed to move into a different realm—the spiritual realm?

Section 2: Hearing About Jesus

1. "When she heard about Jesus, it elevated her hope." Why are testimonies so important to our faith? Share a testimony of what God has done that strengthened your faith.
2. "If Jesus can heal somebody, He can heal anybody, and I qualify as a body." What does this declaration mean for your current situation?

Section 3: Reaching Out to Jesus

1. The woman expressed her faith in three ways: movement, language, and touch. Which of these three is hardest for you? Why?
2. "Faith moves rather than arrogantly or passively thinking God is going to do all the work." What's the difference between being passive and actively reaching out in faith? What does active faith look like in your current situation?
3. "She wasn't grabbing fabric; she was grabbing a covenant." The woman knew Scripture (Numbers 15:38, Malachi 4:2) and acted on it. How well do you know what God's Word says about your specific problem? What scriptures apply to your situation?

Section 4: Touching vs. Thronging

1. "It's one thing to be at church; it's another thing to be touching Jesus while you're at church." What's the difference between "thronging" (being in proximity) and "touching" (intentional contact)? Which one describes your typical church experience?
2. Jesus said, "Your faith has made you well," not "My power made you well." What does this teach us about our role in receiving from God? How does this challenge or encourage you?

Section 5: Practical Application

Three steps to touching Jesus: Revelation (knowing God's Word), Confession (aligning your mouth), and Action (stepping out).

1. **Revelation:** What does God's Word say about your current need? Look up relevant scriptures together as a group (healing, provision, relationships, deliverance, etc.).
2. **Confession:** What declarations do you need to make over your situation? Practice speaking faith-filled confessions aloud in your daily life.
3. **Action:** What specific action step will you take this week to "touch Jesus" regarding your need?

This Week's Challenge

Choose one area where you need a breakthrough and apply the three steps:

1. **Revelation:** Find and write down 3-5 scriptures that speak to your need.
2. **Confession:** Declare those scriptures over your situation daily.
3. **Action:** Take one practical step of faith (pray specifically, fast, reach out for prayer, obey a prompting, etc.).

Accountability: Share your commitment with one person in the group and check in with them during the week.

