

UNSHAKEABLE: CONFESSING PRAYER

SMALL GROUP NOTES - 22/7/18

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SCRIPTURE

1 John 1:5-2:2

OVERVIEW

Sin likes to hide in the shadows and too often we try to keep things hidden from God, as though he couldn't see them! When we fall into this mind-set we may still pray, but not as we should, addressing the things in our heart that do not honour Him. God wants us to be real and honest with him. He is faithful even when we are not. Jesus' blood has the power to cleanse us from all unrighteousness but the Bible is clear that we need to confess and repent of our sin. The Bible paints a stark picture between those who confess and those who cover up. Cain covered up, Joseph brothers covered up, Saul covered up and Judas covered up. Whereas by contrast Jacob confessed, David confessed, and Peter confessed. Who would you rather be like?

FOR DISCUSSION

1. How much is confession and repentance a part of our prayer life?
2. If we've been forgiven our sins through Jesus' blood, why do we need to confess and repent?
3. Why do we try to hide things from God and others? Do we find it hard to be real and honest with God, and if so, why?
4. Is your life open to others or do you find it hard to be real and honest?

GO DEEPER

Read Psalm 51. What can we learn about confession, repentance and mercy in this Psalm of David?