

# Our resurrected bodies

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## SMALL GROUP NOTES

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### Overview

On Sunday Tom continued our Eternity series looking at the promise of our resurrected bodies. We saw how we can be certain of this promise and grasp something of what it will be like because Jesus himself has a Resurrected body. We then spent our morning looking at three promises from scripture around this topic:

- 1) They will be imperishable
- 2) They will be glorious
- 3) They will be powerful

### Scriptures

1 Corinthians 15:42-44

Philippians 3:20

### Questions

- 1) What excites you about the promise of having a resurrected body?
- 2) How do the promises from 1 Corinthians encourage you now?
- 3) What trials and suffering are you facing now and how can the promise of Eternity in our resurrected bodies strengthen, encourage and comfort you?

### Tags

Heaven, resurrection, Jesus, bodies, hurt, hope, shame, weakness