

Small Group Notes

Sermon: 26 May 2024

Notes by Martin Segal



SCRIPTURE

1 Timothy 4

OVERVIEW

In chapter 4 of 1 Timothy, we see Paul urging Timothy to train himself for godliness. On Sunday, we explored five areas Paul highlights for Timothy:

1. Scripture

Verses 1-7

Paul draws attention to the issue of false teaching within the church, a concern he addresses throughout the letter. He urges Timothy to avoid "irrelevant and silly myths" and to be trained in the "words of faith and good doctrine."

2. Godliness

Verses 8-9

Paul advises Timothy to prioritise his spiritual

health over his physical health. He acknowledges the benefits of physical training but emphasises the greater value of training in godliness.

3. Endurance

Verses 10-11

Paul recognises that gospel ministry is challenging, saying that we "toil and strive." Therefore, we must train ourselves in endurance by setting our hope on the living God.

4. Confidence

Verse 12

Paul encourages Timothy not to let anyone look down on him because he is young, but to walk in confidence and set an example through his life. We too should overcome our weaknesses and walk in confidence.

5. Calling

Verses 13-14

Paul concludes by reminding Timothy of his calling. He urges him to be "devoted," a characteristic of the early Church, and to prioritise the Lord. We should use our gifts and remind ourselves of God's prophetic call.

QUESTIONS

1. How are you training yourself for godliness and how could you grow in it?
2. What hinders your confidence and how can you grow in setting an example??
3. What gifts and prophetic words do you live with and how can you make sure you're not neglecting them?