

Dependence requires flexibility

SMALL GROUP NOTES

Hugh Pearce - 16th November 2014

Theme

On Sunday Hugh preached part 8 of our Divine yet Dependant series, focussing on how 'Dependence requires flexibility' – convenient and inconvenient flexibility!

Scriptures

John 4v1-14

Outline

This particular sermon focussed on how Jesus' dependence on the Father led to interruptions in his life – and how Jesus, despite being 'weary' was flexible enough to respond. WE looked at 3 keys that help us be flexible;

1) Rest and Reconnect

Excuses

- It's all right for you...
- I'm too busy....
- I don't find it restful...

2) Ask for help

How to reconnect

3) Be filled with living water...

The Holy Spirit

Questions

- 1) Over the last few months we have preached a lot about stopping, resting and praying/connecting with God – what changes have you made in your life as a result of the recent series we have preached on?

If you haven't made any changes, why not? (Perhaps you were already doing it/too busy / I'm not wired like that...)

- 2) How do you work out embracing helpful spiritual habits when they don't come easily? How do you work out self-discipline and 'spiritually exciting' things?
- a. Do you always have to 'feel like it' for it to be 'genuine'?
 - b. How do we handle the conflict of our desires and God's counsel in the word?
- 3) Are you aware of the a 'living well' within you of God's love, power, presence? Have you been filled with the Holy Spirit? How do you go on 'being filled' with the Spirit? Walking in step with the Spirit?

4) How good are you at asking for help? Do you have a regular pattern of resting and reconnecting (Devotional times)? What does that look like?

** Maybe have a Rest & Reconnect time in Small Group!

Tags

Dependence, Flexibility, Holy Spirit