# Dependency needs guarding

# **SMALL GROUP NOTES**

#### **Tom Shaw**

On Sunday we looked at part five of our Divine yet Dependent series looking at how Jesus showed us at times we must make sure we're guarding our hearts in both good and difficult times. Tom helped us see that even God guarded his heart, that we face challenges to our dependency from both the world and ourselves. Finally we looked at some practical ways we can grow in guarding our hearts.

# **Scripture**

John 2:23-25

#### Questions

- I) Jesus modeled a guarding of his heart in both good and tough moments. Why is that important for us?
- 2) Which posture of the heart can affect you listening to God? Puffed up, Hard, Deceived, Flattered, Bruised, Sick or Weary.
- 3) How can we grow in guarding our hearts from the world and ourselves?
- 4) What practical ways could you grow in pursuing God? E.g. Daily Office, journaling, solitude, silence

### **Tags**

Guard, Heart, Trust, Protection, Pursuing