

# The Fight for our hearts against discomfort

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## SMALL GROUP NOTES

*Hugh Pearce – 21 July 2013*

### Outline

1. *The challenge* –
  - Discomfort
2. *The Responses*
  - Say NO
  - Say YES
3. *The Solution* – How to keep saying yes
  - The Joy set before us
  - Considering Jesus – he is IN you

### Scripture

Exodus 4:29-5:23; 1 Sam 15:22; John 16:33; 1 Peter 4:12; Exodus 6:9; Proverbs 4:23; Hebrews 12:1-4

### Questions for discussion

Choose some of these questions as you determine appropriate for your group

1. As you reflect on last week's sermon, what stood out as being particularly helpful, insightful, or difficult to grasp? (Answers may shape what other questions you do!)
2. Is your worship (not just singing!) more passionate when you are in a season of comfort or discomfort? Why do you think that is so?
3. Is/has discomfort caused you to start saying 'no' to God in the past or present? Often this is very subtle. What does it look like for you?
4. After looking at Hebrews 12:1-4 – how do you keep saying yes? What does that look like Monay-Sat?

### Tags

Exodus, Worship, Perseverance