



THE CITY
CHURCH

Small Group Notes

Sermon: 30 October 2022

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SCRIPTURE

Romans 8:26-30

OVERVIEW

One of the roles of the Holy Spirit, as seen in Romans 8v26-30, is to help us. God's design for our lives is that we would love Him with all our hearts and minds and souls and that we would love our neighbours (Matthew 22). But we all fall short of wholeheartedly loving God and loving our neighbours, so we need the help of Holy Spirit.

As we grow in loving God and our neighbours, we become more like Jesus. But we all fall short of being like Him and need the help of the Holy Spirit to live holy lives. This passage tells us that the Holy Spirit helps us in our weaknesses. Paul refers in 2 Corinthians 12 to a thorn in his flesh, a weakness that is keeping him humble and reliant on God. This passage also tells us that:

1. The Holy Spirit intercedes for us - He is sent from the Father and He draws us to the Father
2. With wordless groans - see Romans 8v22-23 - this reminds us that the Holy Spirit is with us in our suffering, pointing to the day when we will meet God face to face.
3. In all things - the Holy Spirit works in all things in our lives that we may be conformed to the image of Jesus
4. For conformity to Christ - we are predestined, called, justified, glorified. This is like being on a train with one destination, conformity to Christ.

QUESTIONS

1. How are we doing with loving God with all our hearts, minds and souls? How do we fall short in this? Where do we need help from the Holy Spirit?
2. How are we doing with loving our neighbours? How do we fall short in this? Where do we need the help of the Holy Spirit?
3. Are there areas in your life that keep you humble and reliant on God? Share as you feel comfortable.
4. Read Romans 8v26-27 What picture do you hold in your mind as read that the Holy Spirit intercedes for you? Do you need the Spirit to reveal the Father's open arms to you?
5. Discuss Romans 8v28. What is your experience of receiving and sharing this verse? What things in your life do struggle to see God at work in? Pray for one another if there are areas where you need to trust that He is at work.