

First Love: the fight for our hearts against fear

SMALL GROUP NOTES

Sam Gardner 1/09/13

Scriptures

Exodus 14:10-14

Theme

Continuing our 'First Love' series, we looked at how fear can hold us back from worshipping God.

Outline

On Sunday, we looked at how fear overcame the Israelites as Pharaoh chased them out into the wilderness, and they stopped trusting God. Instead, their negative response to fear leads them to do two things:

1. Moan, complain and question God
2. Rose-tint their former life in Egypt as slaves

Moses, knowing God fights for his people, had a positive response, and told the people to do three things:

1. Fear not in their hearts
2. Stand firm with their feet
3. Believe for the help of the Lord

Questions for discussion

1. Is there a particular aspect of your life that is vulnerable to fear? How often do you feel like this?
2. Which of Moses' positive responses do you find hardest to do?
3. Do you often think about God as a warrior and a fighter for those he loves, or do you struggle with those aspects of his character?
4. Encourage one another by recounting when you have had a positive response to fear, and times when God has brought about victories in your life.