

WHAT KEEPS YOU UP AT NIGHT

Conquering Fear with Faith

SERMON #1: Why Be Afraid?

Matthew 8:23-27

Sunday, April 23, 2017

Dr. Paul White, Senior Pastor

And when he got into the boat, his disciples followed him. And behold, there arose a great storm on the sea, so that the boat was being swamped by the waves... (vv. 23-24)

...but he was asleep. And they went and woke him, saying, "Save us, Lord; we are perishing." And he said to them, "Why are you afraid, O you of little faith?" Then he rose and rebuked the winds and the sea, and there was a great calm. (vv. 24-26)

And the men marveled, saying, "What sort of man is this, that even the winds and sea obey him?" (v. 27)

CONQUERING FEAR WITH FAITH

...for God gave us a spirit not of fear but of power and love and self-control. (2 Timothy 1:7)

STEP ONE: Choose Humble Dependence

Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you, casting all your anxieties on him, because he cares for you. Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour. (1 Peter 5:6-8)

NEXT WEEK: Fear of the Unknown (Psalm 91:1-16/Matthew 24:6)
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