

OUR CORE FOUR:

Train Yourself

1 Timothy 4:1-10

November 13, 2022

Dr. Paul White, Senior Pastor

Have nothing to do with irreverent, silly myths. Rather train yourself for godliness; for while bodily training is of some value, godliness is of value in every way, as it holds promise for the present life and also for the life to come. (vv. 7-8)

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