

Rooted In Community - Pt 2

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August 10, 2025

You Were Not Meant to Do Life Alone

We live in a culture that often pushes us towards isolation. But God created us to thrive in connection with Him and with each other.

Introduction:

I remember a moment when I felt completely alone. A small, unexpected event caught me off guard and reminded me that we all face times when isolation feels real. Maybe you have been there, a moment when you feel like you are facing something with no one else beside you.

The Bible tells us that after God made everything, He called it good. But then, after creating man, He made this statement:

It is not good for man to be alone.

—Genesis 2:18

God did not make a mistake. Instead, He revealed something about His nature. He is relational, and because we are made in His image, we are created for relationships too.

God designed us for community.

Our Shared Struggle

From the moment Adam and Eve sinned, separation from God became part of the human story. Isolation entered our world, and it still shows up in our lives today.

Whoever isolates himself seeks his own desire.

—Proverbs 18:1

The enemy works best in isolation. God works powerfully in community. When we drift away from God and His ways, we start believing our own thoughts, even when they lead us away from truth.

Healthy relationships, whether in marriage, friendship, or in the church, require confrontation. When handled God's way, confrontation builds unity and keeps us aligned with His truth. But isolation twists confrontation into something negative, making it feel threatening instead of sharpening.

Samson's story shows this clearly. God gave him great strength, yet when he drifted from God, he also distanced himself from people who could speak truth into his life.

Without godly voices, even good warnings sounded like bad advice, and compromise followed. Eventually, Samson became a slave to his enemies.

The more isolated a person is, the more destructive will be the power of sin over him.

—Dietrich Bonhoeffer

What the Bible Teaches About Community

1. Community is a gift from God

How good and pleasant it is when God's people live together in unity.

—Psalm 133:1

Like a gift, community is meant to be enjoyed, not hidden away. In the book of Acts, the first believers did not just attend services, they shared life together daily.

The cross brings people of different personalities, preferences, and passions together as one.

2. Community helps you find God

For where two or three gather in my name, there am I with them.

—Matthew 18:20

Being in community strengthens your walk with God. You may have experienced the difference between learning something alone versus learning in a group. The same is true for following Jesus. The world tries to pull us away from God by separating us from His people, but God's presence is often experienced most powerfully when we gather.

3. Community takes faith in God

And without faith it is impossible to please Him, for whoever would draw near to God must believe that He exists and that He rewards those who seek Him.

—Hebrews 11:6

Faith is the foundation. If we do not believe God is who He says He is, we will not trust His design for life, including His design for community.

Community is a faith choice. Opening your life to others requires trusting that God will use people to shape you, encourage you, and even correct you.

Faith over fear. Many avoid community because of past hurt, fear of rejection, or a desire for control.

Faith to show up. It takes faith to join a small group, to confess struggles, to serve others, or to ask for help. Faith believes that even if community feels risky, God can use it to heal what isolation has broken.

Faith in God's promise. The second part of Hebrews 11:6 reminds us that God "rewards those who seek Him."

Faith is the foundation. Choosing to open your life to others means trusting that God will use people to shape you, encourage you, and even correct you. Many avoid community because of past hurt, fear of rejection, or the desire to stay in control. Faith says, "God, what You have designed is better than what I can build on my own."

Faith shows up when you join a small group, confess a struggle, serve someone else, or ask for help. Community is not just about friendship, it is about trusting God enough to live the way He designed you to live,

connected.

Your Step

You were not meant to fight through life alone.

It takes faith to be wholehearted and real with others.

Do not wait for community, build it.

Be intentional about connecting with others, even when it feels risky.