

Message Notes (March 7/10)
Series: God in the Dark
“Good Grief”
Psalm 130:1

**Do we need to see things _____ when
it comes to grief in our lives?**

**Why do we in the church often associate anger,
sadness, and grieving with being unspiritual?**

**What if we began viewing our journey through grief
as _____ of the way we passionately pursue Jesus?**

3 Parts of Good Grief

Part 1 _____ into Grief, Don't _____ it

**Psalm 6:1-3; Psalm 31:9-10; Psalm 130:1
Hebrews 5:7**

Part 2 View waiting as _____, not _____

**Psalm 37:7; Psalm 40:1; Psalm 130:5
Romans 8:28**

Part 3 Let God _____ new from the old

Treasures of Resurrection

- **We can grow in _____**
- **We can live from a different _____**
- **We can grow in _____**
- **We have a greater awareness to _____
in the present**
- **We become less _____ and _____**

Why don't we allow God to work through Good Grief?

Psalm 40:1-3