

Mastering the Inner Life: Disciplining our Lives for Spiritual Growth and Victorious Living Worksheet

Reflect on the sermon (be sure to listen to it again). Then answer the following questions:

1. In what area of my spiritual life do I need to be more disciplined?
2. What spiritual disciplines will I start engaging in (or increase)?
3. How will you add these disciplines to your life daily? (e.g., getting up earlier, staying up later, spending less time with TV or social media, etc.)

I would love to hear your feedback! After you've finished the worksheet, email it to me at pastorbre@outlook.com!