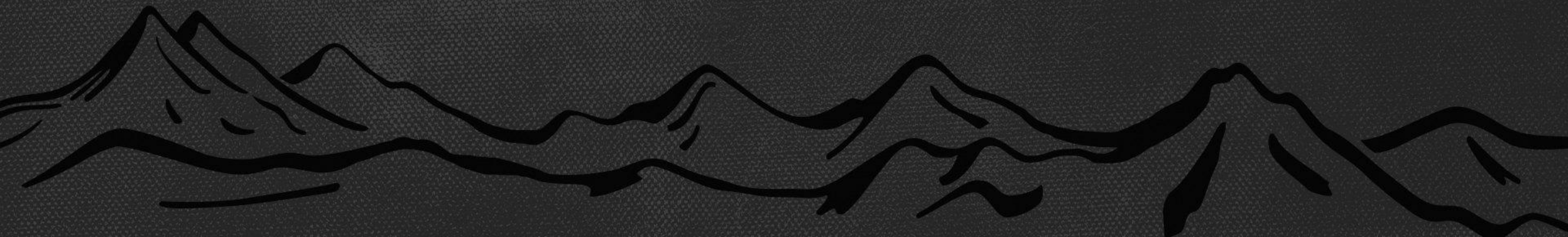


MANNA AND SABBATHS

Exodus 16



**Lesson 1: God is gracious to
grumbling people.**



**Lesson 2: People who are *suffering* often
have *corrupted perspectives on life.***



Lesson 3: Why does the Lord test this people? Doesn't he know already?



**Now let's look at the types or pictures
of Christ: The manna and the sabbath**



**Why do I say that Christ is our
sabbath?**



Hebrews 3:12-4:13



Our Take Aways:



**1. Trust God to bless your labor
or Don't worry, work and trust.**



**2. Believe the gospel and rest
from any effort to save yourself.**

