

Thinking Biblical Thoughts

“...about Fear and Stress”

Psalm 46

Written in celebration of God’s victory over the Assyrian army during the reign of King Hezekiah (2 Kings 18-19; 2 Chronicles 32; Isaiah 36-37), Psalm 46 assures us that God can handle, in His will, in His own good time and way, things which seem like total disasters to us. The psalmist calls us each to take a breath and exhibit a sturdy confidence in the Lord in the midst of all dangers.

1. Security in a Disaster-Driven World (vv.1-3)

2. Secret Resources in a Dangerous World (vv.4-7)

3. Steadiness in a Distracted World (vv.8-11)