

“Fleeting Days, Lasting Work”

Psalms 90

Psalm 90 teaches that life is brief, sin is real, and a lasting purpose is found only in God. Moses contrasts human frailty with God's eternity and calls us to live wisely, seek God's presence, and depend on Him for significance.

1. The Reality of Man's Brevity (vv. 1-6)
2. The Reality of Sin and Death (vv. 7-11)
3. The Prayer for Lasting Purpose (vv. 12-17)