Obstacles to Taking Up Your Authority

Fear of Failure

I'm not enough I might hurt other

Fear of Rejection

I will be misunderstood

I might be found out as an "imposter" - feeling too exposed

My leadership doesn't look like "so-and-so"

I will have to engage in conflict

Fear of Responsibility

It will cost too much time and energy I could be blamed / accused I will be taken advantage of I will be trapped, get stuck I will be lonely