

### **Course Overview**

The Antioch Discipleship School (ADS) is a place to experience God and others while being equipped with skills for life-long spiritual formation. It's a discipleship program that will give you a solid Biblical foundation in a genuine community.

Our aim is to foster personal growth and spiritual depth through a variety of approaches. These include lecture-style teachings, worship stretches, experiential workshop sessions, and life-on-life Touchpoint groups. We also emphasize the practice of classical spiritual disciplines and engage in outreach activities.

We are eagerly anticipating how this intentional focus on immersing ourselves in God's profound truths will continually shape your character, leading it towards Christlikeness. Furthermore, this journey will contribute to the development of a comprehensive Biblical worldview, which in turn equips you to authentically live out the Gospel in all aspects of life.

In line with our conviction that the local church is uniquely empowered to equip the saints for ministry (Ephesians 4:12), our discipleship school serves as a vital component within the broader context of disciple-making within the body of Christ. It's worth noting that your personal response to Jesus acts as the catalyst for the realization of His kingdom in Fort Collins, aligned with His divine will – "Thy kingdom come. Thy will be done on earth as it is in heaven." (Matthew 6:10)

# **Core Competencies**

ADS is structured for outcome-based learning, where our goal is the comprehensive transformation of our lives into loving obedience to Jesus Christ through the process of learning and application.

The course is centered on four key areas: **Biblical Foundation, Spiritual Formation, Healthy Community, and Experience.** 

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# **ADS Expectations**

The school's policies and requirements are here to guide you in making the most of your ADS experience.

## **Bible Reading**

We encourage you to select a Bible reading plan that encompasses daily readings from the Old Testament, New Testament, and Psalms. The YouVersion Bible App and Bible Gateway provide a variety of excellent options. Should you prefer, we are available to help you in locating and printing a plan. Please be ready to share your chosen plan with your Touchpoint leader on Monday, September 25th.

### **Weekly Devotionals**

Reading classic Christian devotionals is a potent spiritual practice that can deepen your relationship with Jesus and bring about significant personal transformation. These timeless works offer a rich source of wisdom for wholehearted discipleship to Jesus. By diving into these writings, you go beyond the confines of today's culture and access God's eternal wisdom.

Each week, there's a mandatory devotional reading accompanied by reflective journaling questions. These readings are carefully chosen to align with the week's teachings and the development of your personal spiritual disciplines. This deliberate practice greatly enriches your spiritual growth journey.

### **Scripture Memorization**

Each month, there is a requirement to memorize a specific scripture passage, chosen to align with the themes of the monthly lessons and devotionals.

### Books (see list)

Please note: the cost of books isn't included in your tuition. However, "The Ruthless Elimination of Hurry" by John Mark Comer is available for check-out.

### **Personal**

Daily, intentional moments spent connecting with God, including your daily Bible reading, are essential expectations from students. Alongside this, a dedicated commitment to a discipleship relationship (either in a group or one-on-one), regular attendance at a Life Group, and active participation in Sunday services are all required components of your journey with us.

## Serving

Students are required to engage in regular service either on Sunday mornings or throughout the week.

Opportunities for service...

Sundays: Greeting Team, Kids Ministry, Worship Team, Security Team, Hospitality Weekdays: Kids Lifegroup Leader, Food Pantry, FFH, Leading a Lifegroup

Additionally, each student will participate in one session of Kids service during World Mandate.

### **Fasting**

We require full participation in both school-wide and church-wide fasting events.

## **Missional Living**

Our goal is to cultivate lives committed to sharing the love and truth of Jesus with those who are distant from Him. We're invested in incorporating the spiritual discipline of hospitality as a foundational aspect of our mission-driven lifestyle. Additionally, as a class, we will take one international outreach trip in the late winter or early spring.

#### **Arrival Time**

ADS starts every week at your designated Touchpoint location promptly at 5:30pm. Please ensure punctuality, as your presence plays a crucial role in fostering our genuine community and showing respect to one another. Each week, you'll use the app to check in for the class.

## **Technology**

Feel free to use computers for note-taking, if that's your preferred method. However, we kindly request that you limit computer and cell phone use to class-related activities only.

### **Bringing a Guest**

We gladly welcome guests to the school. Please consult with the Staff in advance to confirm it is an appropriate evening for a visitor. Please note that this only pertains to class time and NOT to Touchpoints. Because of the confidential nature of Touchpoints, guests are not permitted.

#### **Absences**

Community forms a cornerstone of our course, making your presence and attendance pivotal in this aspect. As per ADS policy, students are permitted two absences. Yet, recognizing that life can present unexpected challenges, if your absences exceed this limit due to exceptional circumstances, we request that you have a conversation directly with the School leader.

Please remember that ALL absences, regardless of the reason, must be communicated in advance to both your designated Touchpoint leader and the School leader. It's important to note that classes will be recorded and that any missed sessions will need to be made up.

### **Lifestyle Choices**

To foster a secure and consecrated environment for both you and the entire class, we urge you to be mindful of your everyday choices. We all encounter moments when we lean towards unhealthy habits. Throughout this year, as we strive to strengthen our bond with God, we'll inevitably confront tension and areas of pain. This discomfort might amplify the temptation to resort to patterns that offer temporary relief.

In this journey, let's make a commitment to be transparent about these inclinations, fostering an environment of honesty and growth.

#### If it's not going well...

Should you encounter challenges in meeting the outlined expectations, we encourage you to confide in the appropriate ADS Staff members, beginning with your Touchpoint Leader. All ADS Staff are here and dedicated to engage in open conversations about any situations you may be facing. Our goal is to support you in making needed adjustments and choices that will build your intimacy with God and your fellow classmates.

Ultimately, our approach to running the school is rooted in building relationships, rather than transactions. With this ethos in mind, open and timely communication is both what we extend and what we kindly ask for in return. Your honest conversations and willingness to engage are truly valued.

# **Download Our App**

(Android)

(Apple)



