

# *spiritual life inventory*

## PLOTTING AND INTERPRETING YOUR INVENTORY

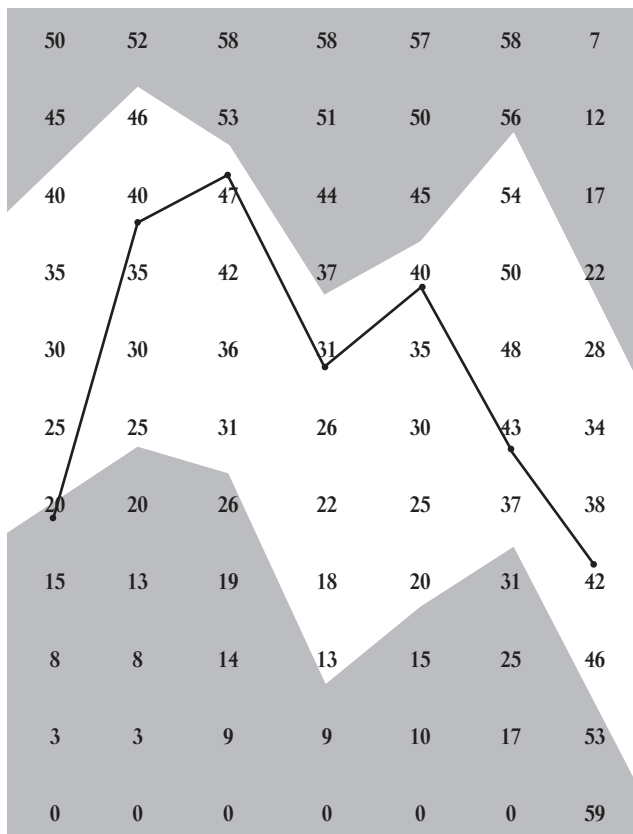
1. Transfer your Grand Totals for A-G from page 7 to the A-G boxes on Your Spiritual Life Inventory, page 9.
2. Plot each number on the grid directly beneath it. Put a dot (•) there.
3. Connect your dots to form a shape (profile) like a mountain peak, valley or slope; see sample below. Your shape may be different than the sample.
4. The highest peak of your mountain shape is your Home Stage where you spend most of your time. Disregard your numbers. Focus only on the shape: the mountain peaks or valleys. Your second highest peak is your second highest stage, third peak is third highest, etc.
5. The white area indicates the range of scores representing 85% of the population. In other words, 85% of the people taking this inventory scored within the white area. If any of your scores fall into the gray areas, it means you feel more strongly or less strongly about that stage of faith than 85% of the population taking this inventory.
6. The shape of your inventory gives you a measure of your Home Stage and your diversity across stages.
7. For more interpretation of the shape of your inventory, turn to pages 10 to 12.

Enter Grand Totals → A 19 B 37 C 48 D 30 E 38 F 42 G 40

Stage 1   Stage 2   Stage 3   Stage 4   Wall   Stage 5   Stage 6

### Sample

This person's highest peak is Stage 3, their Home Stage. Second highest is Stage 2, third is the Wall, etc.



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## YOUR SPIRITUAL LIFE INVENTORY

Enter Grand Totals →








Stage 1

Stage 2

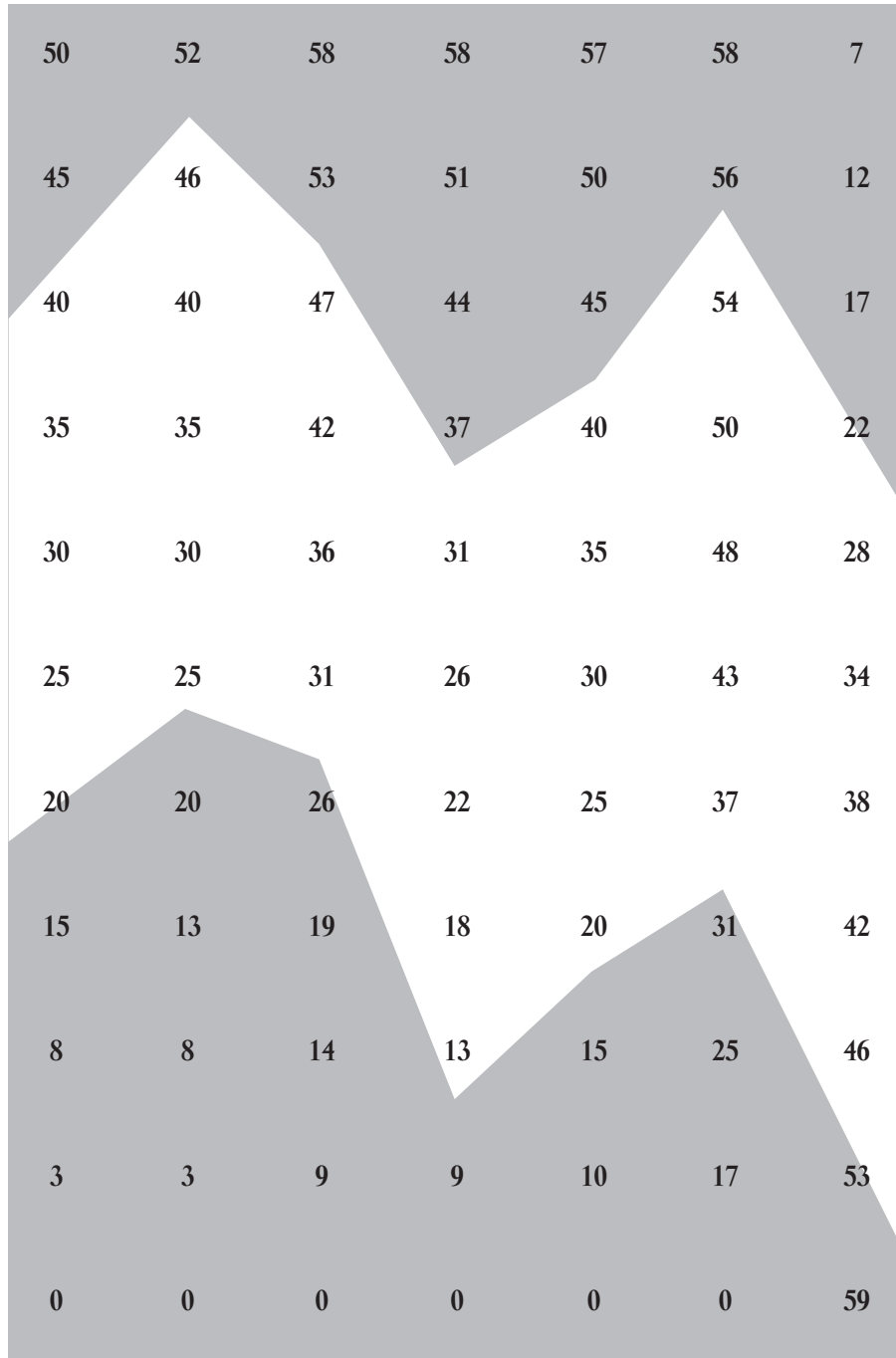
Stage 3

Stage 4

Wall

Stage 5

Stage 6



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## EXPLANATIONS OF VARIOUS INVENTORIES

Find the inventory with the same mountain peak as yours. (Your shape may not match the example entirely). If you have two peaks, look for the profile with the same two peaks. The description of that inventory may indicate what your score represents. If your inventory looks similar to two descriptions, choose the one that fits you best.



### **Awe/Need: Peak at Stage 1**

You are aware of the utter power and magnificence of God and it fills you with a strong sense of awe or a dire need for a life that depends on God and God's grace. You wonder about your own lack of worth and question whether God can love you at times.



### **Discipleship: Peak at Stage 2**

At this time you are a strong believer in the tenets of your faith, belonging to a community of like-minded believers. You are eager to learn more from your leaders and continue to grow in your faith discipline. You are confident that you have found the right way.



### **Active Faith Leader: Peak at Stage 3**

Your confidence in your faith journey is high and you feel called to give back your gifts to your community in some way. You are either involved in some leadership capacity or you are privately pursuing the ways to live a successful faith life, according to the standards of God and your faith community. Sometimes you get tired or weary as a result of all your hard work.

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## Inner Reflection, Questioning: Peak at Stage 4

You are embarking on an inner journey sparked by some uncertainty or crisis in your life or in your faith. The faith you had doesn't answer your questions anymore—nothing answers your questions. There are just more questions. Some times you feel the need to find a new way to see God or you long for a new experience of God. Your integrity seems to be on the line. It's all very uncomfortable.



## Dark Days of Faith: Peak at the Wall

This pattern could be the signal that you are experiencing the Dark Night of the Soul, a time in which the questions without answers overwhelm you and God seems unwilling to deliver you. You may even question whether God is present during this time. A large crack has opened and you are afraid to move into it yet you come to find out that the crack leads to freedom, however difficult the journey.



## Finding Interior Freedom, Living Out Your Passion: Peak at Stage 5

You are aware of the daily call of God in your life now. You have had to face God and give up something that matters a great deal to you in order to live out the spiritual passion planted in you by God. You are aware once again of how dependent—and unconditionally loved you are.

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## Faith Challenge: Peaks at Stages 1 and 5

Even though you feel you are living out of a deeply felt calling from God, you are questioning something deep within you that seems to be askew in life or with God. You are holding on the memories of a rich inner relationship with God during this time because you are feeling challenged in your previous assumption of unconditional love.



## Community Calling: Peaks at Stages 2 and 5

You are involved in a strong community of faith in which it is common to have a spiritual calling or ministry in the world. It is the vital center of the teaching and is the guiding principle of your life. The leaders of the community instruct you as to how to live out your calling and you feel a sense of closeness and belonging in your community of faith.



## Confused, In Transition: Peaks at Stages 3 and 4

A real conundrum, because you are actually leading others or are “successful” by your own faith community standards, yet you are questioning inside some basic things that you used to accept without question. You feel like two different people — and it’s troubling.

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## **Zealous: Peaks at Stages 3 and 5**

You have a strong desire to live what you see as an ideal and passionate life of faith but the thought of going through a deep questioning time frightens you or seems unnecessary. You are zealous and passionate about your faith and find it difficult at times to live up to what you think you need to be.



## **Low Interest, or Disengaged: No Real Peaks**

This profile indicates a low interest in things of faith and a general lack of involvement in the life of faith. It could signal a depressed state.