SPRING GREEN COMMUNITY CHURCH

WELCOME!

WE'RE SO GLAD YOU'RE HERE!

Our mission is to help people **COME** to know Jesus as Savior, **GROW** in a relationship with Him, and **LIVE** their lives for Him.

God loves you and we pray that during the worship service you will be able to connect with Him through song, scripture, and the message.

Sunday, November 8, 2026

Series: **A Different Way to Live – Jesus, Grace, and an Unoffended Life**

Sermon Title: **Don't Run on Empty**

Scripture: **Galatians 5:16-17, 22-25; Ephesians 5:15-18**

Speaker: **Pastor Kendall Harger**

ARE YOU NEW TO SGCC?

Stop by our Welcome Center located by the front doors for a free gift!

~OR~

Fill out our guest card at sgcommunitychurch.org

SUNDAY CHILDREN'S MINISTRIES

NURSERY: newborn-2 years

Sign in at the nursery and pick up a pager.

CHILDREN'S CHURCH: 3 years-3rd grade

Sign in at the table in the entryway. Children will begin in the service and be dismissed after worship songs. After the service, sign out your child in the Children's Church room.

SPRING GREEN COMMUNITY CHURCH

151 E. Bossard Street, Spring Green, WI 53588 / 608-588-2442 / www.sgcommunitychurch.org

Pastor: Kendall Harger / 608-588-4016 / sgpastor@sgcommunitychurch.com

Dir. of Spiritual Growth & Volunteer Teams: Juli Harger / 616-644-1818 / juliharger@sgcommunitychurch.com

Children's Ministry Coordinator: Amanda Diehl / 814-494-2540 / amandadiehl@sgcommunitychurch.com

Office Manager: Meg Deibert / 608-588-2442 / sgchurch@sgcommunitychurch.com

Office Hours: Monday through Thursday / 9am- 3:30pm

Sermon Notes
November 8, 2026

Don't Run on Empty

Big Idea

God never intended us to live the Christian life in our own strength. He calls us to continually be filled with the Holy Spirit so we can live with His power, strength, and presence.

Galatians 5:16-17, 22-25; Ephesians 5:15-18

Righteous Anger is a theological idea

Some call Righteous Anger - holy displeasure

Problem- we are not totally righteous and we are not totally holy

Brant Hansen challenges believers to consider that human anger is almost always fueled by ego, pride, and a false sense of entitlement rather than absolute justice.

A push against righteous anger

James 1:19-20 and Romans 12:19

1. Anything done in anger can be done better without it
   -The Better Way
   -The Cost of Anger

2. Anger always contains malice (the intention or desire to do evil)
-Many people attempt to hold onto their anger by claiming it is pure. Willard dismantled this by stating that "some degree of malice is contained in every degree of anger".

3. The anatomy of a Wounded Ego
   -Willard observed that when we embrace and preserve anger rather than letting it go, it is almost always driven by self-righteousness and vanity.

So how do I release, let go of, anger?????

1. "Wave it Off" Immediately
2. Realize You Carry a “Reservoir"
3. Relinquish the Need for Outcomes

Ephesians 5:15-18: “So be careful how you live. Don’t live like fools, but like those who are wise. Make the most of every opportunity in these evil days. Don’t act thoughtlessly, but understand what the Lord wants you to do. 18 Don’t be drunk with wine, because that will ruin your life. Instead, be filled with the Holy Spirit,”

Sermon Reflection & Application

Icebreaker

Are you more likely to get fired up quickly, quietly stew about something, or let things roll off your back? Do you have an example of how that plays out?

Questions

1. When you heard the phrase "righteous anger" before this sermon, what did it mean to you? Has your understanding shifted at all?

2. On a scale of one to ten, how easy is it for you to let go of anger quickly? What makes it difficult?

3. The sermon described how anger often guards something – our reputation, our comfort, our sense of fairness. What do you think your anger most often tries to protect?

4. How does the quote by Willard, *"Anything done in anger can be done better without it."* challenge the way we typically respond when we're upset or frustrated?

5. How does James 1:20 challenge the way you have justified anger in the past, and what would it look like to pursue righteousness through a different means?

6. How does truly believing Romans 12:19 change the way you respond when you feel wronged or treated unjustly? What makes it so hard to trust God with outcomes?

7. Why do you think it's significant that "righteous anger" didn't make the list of the fruit of the Spirit? What does that tell us about the character God is forming in us?

8. What practical habits or postures in your daily life either open you up to or close you off from the ongoing filling of the Holy Spirit?

Applications

1. The "Wave It Off" Practice: This week, when an offense or irritation arises, practice immediately naming it and releasing it before it takes root. Simply say, "I am not going to carry this." Journal what happened and how it felt.

2. Daily Spirit-Filling Prayer: Begin each morning this week with a simple, intentional prayer asking the Holy Spirit to fill you for that day. Do not assume yesterday's closeness with God carries over automatically. Make it a fresh, daily act of dependence.