



WELCOME!

WE'RE SO GLAD YOU'RE HERE!

Our mission is to help people **Come** to know Jesus as Savior, **Grow** in a relationship with Him, and **Live** their lives for Him. God loves you and we pray that during the worship service you will be able to connect with Him through song, scripture, and the message.

Sunday, October 15, 2023

Sermon Series: Let Go and Take Hold

Sermon Title: A Time for Silence, A Time for Solitude

Scripture: Mark 1:29-38

Speaker: Pastor Kendall Harger

ARE YOU NEW TO SGCC?

Please stop by our
Welcome Center
located by the front
doors for a free gift!

~OR~

Fill out our online
guest card by visiting
sgcommunitychurch.org

SUNDAY MORNING CHILDREN'S MINISTRIES

NURSERY

AGES: newborn-2 years

Please sign-in your child at the
nursery door and pick-up a pager.

CHILDREN'S CHURCH

AGES: 3 years-2nd grade

Please drop off your child at
Room 114 and sign them in.

SPRING GREEN COMMUNITY CHURCH

151 E. Bossard Street, Spring Green, WI 53588 / 608-588-2442 / www.sgcommunitychurch.org

Pastor / Kendall Harger / 608-588-4016 / sgpastor@sgcommunitychurch.com

Director of Spiritual Growth / Juli Harger / 616-644-1818 / juliharger@sgcommunitychurch.com

Administrative Assistant / Cheryl Graves / 608-588-2442 / sgchurch@sgcommunitychurch.com

Sermon Notes
October 15, 2023

A Time for Silence, A Time for Solitude

Big Idea

Having quiet time, and being alone with Jesus,
is essential to my spiritual life.

Mark 1:29-38

Silence – Closing off our souls from “sounds,” whether noise, music, or words, so that we may better still the inner chatter and clatter of our noisy hearts and be increasingly attentive to God.

Solitude – The creation of an open, empty space in our lives by purposely abstaining from interaction with other human beings, so that, freed from competing loyalties, we can be found by God.

-Spiritual Formation Bible

Got up / Went out to an isolated place / Prayed

Prayer – Interactive conversation with God about what God and I are thinking and doing together.

-Spiritual Formation Bible

“It is easy in our lives to get so busy with family, work, church, and recreation that we forget we have been created to be in relationship with God and that we will never find true fulfillment or real success apart from Him. If Jesus, the Son of God, needed time alone with His Father in order to accomplish His life’s purpose, how much more do we?”

-Mark L. Strauss

I am asking you to come to Jesus and just be.

Discussion Questions

Ice Breaker: Do you like being alone? Why or why not? How would you feel about being alone and quiet—no phone, music, TV, or added background noise?

1. Why do you think Jesus had to leave the house to find quiet time?
2. What can we learn from Jesus about taking time away from the demands of life? What benefits could withdrawal and prayer have in your life, especially when you feel slammed with responsibilities?
3. What could you do with your time alone to foster your relationship with Jesus? What would it look like to build more of this time into your weekly schedule?
4. What needs are you afraid won't be met if you take time to be alone with God? What could it look like for you to trust him more in that particular area of your life?
5. How often do you experience worry? What steps do you take to eliminate or cope with anxious thoughts?
6. What would it look like to trust God when you feel like you aren't being productive? What steps could you take to trust God with your rest?
7. What could it look like for you to bring all your anxious thoughts to God this week?

Deeper Walk: During the next week set aside 10, 15, or 20 minutes a day for solitude at a time that works for you. Use the following guide to enter into prayer with God as Pastor Kendall defined it in his message. Remember to start where you are, not where you feel like you should be. Start small and watch what God does with your time.

1. Find a spot, settle in, and get comfortable. Breathe deeply and think about the fact that God is present with you right now.
2. What is true about your life right now. Don't rush or force it. Here are some prompts if you need a good start:
 - Is there a certain joy you are celebrating? A loss you are grieving?
 - Is there a question stirring inside of you?
 - Is there an anger, frustration, or some other thought or emotion you need to express to God but haven't had the opportunity?
3. Just sit with it – no fixing, fighting, or running. What does it mean for you to be still and let God act for you in this area?
4. What are you able to know in this stillness that you have not been able to know in the noise and busyness of your life?