



WELCOME!

WE'RE SO GLAD YOU'RE HERE!

Our mission is to help people **Come** to know Jesus as Savior, **Grow** in a relationship with Him, and **Live** their lives for Him. God loves you and we pray that during the worship service you will be able to connect with Him through song, scripture, and the message.

Sunday, October 22, 2023

Sermon Series: Let Go and Take Hold

Sermon Title: Honoring the Sabbath

Scripture: Genesis 2:1-3, Mark 2:27

Speaker: Pastor Kendall Harger

ARE YOU NEW TO SGCC?

Please stop by our
Welcome Center
located by the front
doors for a free gift!

~OR~

Fill out our online
guest card by visiting
sgcommunitychurch.org

SUNDAY MORNING CHILDREN'S MINISTRIES

NURSERY

AGES: newborn-2 years

Please sign-in your child at the
nursery door and pick-up a pager.

CHILDREN'S CHURCH

AGES: 3 years-2nd grade

Please drop off your child at
Room 114 and sign them in.

SPRING GREEN COMMUNITY CHURCH

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Sermon Notes
October 22, 2023

Honoring the Sabbath

Big Idea

The Sabbath is a chance to rest
and recharge without guilt.

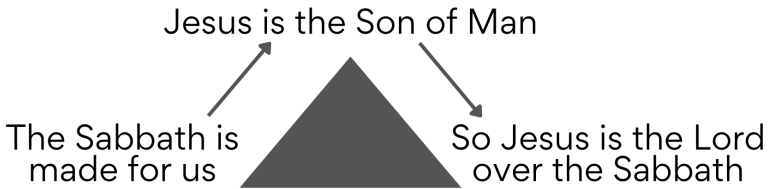
Genesis 2:1-3, Mark 2:27

As people, who are the workers, we bear the image of God "the Worker." So it makes sense that labor for God is to go along with rest in God.

And since we can only truly rest in God when we stop working. Our rest is part of being made in God's image. God rested, stopped working, and we are invited to rest too.

When we rest, we affirm there is more to this life than just working all the time. We are valuable even when we are not working or producing something.

When we work and when we rest, we are showing the world that there is a God to imitate and that there is a Creator. We are living life following God's lead.



Are you longing for Spiritual and Physical refreshment?

Discussion Questions

Ice Breaker: What did you do on your last “day off?” How do you typically spend your days off?

Read Genesis 2:1-3

1. What are some of the adjectives used to describe the sabbath in these verses? What makes the sabbath different than all the other days?
2. Is the sabbath a special part of your week? In what ways do you treat sabbath as special or set apart?
3. What did God model for us when he rested? In what ways does God resting from his work help you understand the importance of humankind resting from work?
4. Of all the days God created, he only blessed and set apart the sabbath day. It was important to him that one day be rejuvenating. What could it look like for you to trust in God's blessing of honoring the sabbath?

Read Matthew 12:1-14

5. What reason does Jesus give for good deeds being lawful for the sabbath?
6. In what ways can being too strict on your off-day cause problems and stress? What do Jesus's actions show us about the intent of the sabbath?
7. In what ways could you protect your sabbath from the demands of life? How could you guard yourself against legalism so that you and those around you could enjoy the blessing of the sabbath?
8. What could you do to remind yourself that the sabbath is a gift for you?

Deeper Walk

Discover: Explore ways you and your family or friends could enjoy the sabbath. How would each of you want to enjoy that day?

Act: Commit to taking a day of sabbath sometime in the next week and , as best as you can, refrain from working and guard your time from mindless distractions.

Memorize: Memorize Mark 2:27, “And he said to them, ‘The sabbath was made for man, not man for the sabbath.’”