

SINGLE TRUTHS – *Post Easter Teachings*

May 9th – Pouring out Love

“Hope does not put us to shame, because God’s love has been poured out into our hearts through the Holy Spirit, who has been given to us.”

Romans 5:5 NLT

Psalm 107:2 *“Let the redeemed of the Lord tell their story – those He redeemed from the hand of the foe...”*

From “Restoring our view of Motherhood” by Amy Seiffert:

I never would have guessed the story that tumbled out of the mouth of the beautiful mom across the table from me. Her hair was perfectly gorgeous, her eyes were kind. She was peaceful and joyful.

“Everyone is dealt their cards. You don’t know what kind of hand you’ll get, but it’s what you do with the cards you’re dealt. Everyone is holding a card they didn’t expect in some way. I’m sure you are. Mine is lung cancer. I am recovering from surgery I had three months ago. My scars help me remember that life is good.”

Her scars help her remember that life is good.

She’s a wife and mom who has never smoked a day in her life. She told me that currently half of all lung cancer patients are young non-smokers. She told me about the process of choosing her wig through chemo. She told me it’s not something she brought on herself, but it’s something she has to bring herself through now.

She holds a handful of cards. One of those cards is motherhood. And one is cancer. But another card, one she has purposely chosen, is gratitude.

It seems no matter what life deals us, we can always grab gratitude from the pile and add it to our hand.

That amazing mom is thankful for every single day she wakes up and is still with her kids—alive, able to hug them and hold them.

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That mom chooses to find the gold. Each new round of sixty days she gets until her next appointment is a gift. Those sixty days are gold.

That mom practices seeing the beauty of each breath. Of each load of laundry. Each dinner. Each homework night. Each hug. Each tantrum.

All of those things tell her she is alive and present.

Mothers pour out of their resources all day long...

Yes, even when their own issues are staring them in the face – illnesses, jobs, marriages friends, including their children.

Mothers have a lot of responsibility:

- They comfort, correct, and care every minute.
- They are pro-bono uber driver, expert counselors, certified referees, fast-food cooks, and community-renowned chefs.
- You are managers, CEOs, detectives, defenders of the innocent (and all who belong to her are innocent...) and judges.
- But they are also, musicians, choreographers, entertainers, event planners and artists.

God and sees, knows and understand all that you do and are feeling.

He is at work through His Spirit offering you wisdom and supporting you through each moment of your very crowded life.

When you pray, “Father in heaven, I know you are busy, but could you give a girl a hand”, He is supplying every need you have (Phil. 4:19), and blessing your commitment to the most important human job – shaping other human lives!

Romans 5:5 says, *“Hope does not put us to shame (or disappoint us), because God’s love has been poured out into our hearts through the Holy Spirit, who has been given to us.”*

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Here are a few tips to let His spirit pour through your heart:

From Psalm 62:8

1. *“Trust in Him at all times, you people;*
2. *Pour out your hearts to Him for God is our refuge.”*

And from Philippians 2:14:

3. *“Do everything without grumbling or arguing.”*

Replace complaints with joyful words and your children will practice the same (Proverbs 21:23).

Practice seeing the beauty –

- of each breath
- of each load of laundry
- of each dinner
- of each homework night
- of each hug – or tantrum
- of each opportunity to heal and restore the injured, disengaged, and lonely heart.

Because this is you, alive and present in the work of Christ to hungry souls.

“Do not let your hearts be troubled. You believe in God, now trust in Me (Jesus)!” John 14:1.