

## LIFE GROUP DISCUSSION GUIDE

Message Series: Student Sunday It's Just a Phase

**Speaker:** Travis Carson, Jourdy Persinger, Jacob Salmons

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## **UP NEXT**

- **re|engage** No marriage is perfect, but yours could be better. Registration for next semester's re|engage class is now open. Visit reality.church/reengage.
- **Financial Peace University** Also starting in January is our next Financial Peace University class. Mark your calendars. If your Life Group would like to take it together on your normal meeting night, in your normal meeting spot, you can do so. Please email <a href="mailto:robert.conn@reality.church">robert.conn@reality.church</a> for more information.
- · Holiday Schedule -
  - There are no scheduled Life Groups the week of Thanksgiving (19th 26th), therefore no Discussion Guide.
  - The last official week of Life Groups this year will be the week of (December 10-16th)
  - Life Groups will resume the week of January 7<sup>th</sup>.

## A MESSAGE FROM ROBERT...

It's the Fall. Some people are excited about that and all it means... Thanksgiving meals, Christmas shopping, family, friends, lights, sounds, bitter cold, etc. Others are afraid of the emotions, stress, and anxiety that this time of year brings with it. Life Groups are no exception. Is your Life Group feeling the pressure of the holidays? Is your group struggling to keep consistent attendance? Does it seem like everyone has a valid reason why they can't make it to group? School performances, games, competitions, sickness, and fatigue all seem to be easy reasons for people to miss.

If you sigh because you realize it's Life Group night, that's a sign your group may not be connecting like we would want you to. There are always reasons why people miss from time to time, but the preferred scenario is when people try their hardest to not miss Life Group. Your Life Group should fuel you and not drain you. But, just like refueling your vehicle with gasoline, it always costs you something. If you are not leaning on your group for support, guidance, advice, wisdom, and growth, you're probably going to be frustrated with your group.

We don't want Life Groups to feel like a hurdle you need to jump through. It's not a checkbox for your week. It should never feel like it's a task or an obligation you're tied to. Life Groups should help and not hinder. We don't do Life Groups at Reality Church just so we can take up another night of your week. We do Life Groups because we understand the value of sharing life. We believe the pathway to discipleship works better in circles than it does in rows on Sunday. We all need people in our life who have all-access passes to us. People who can help answer those tough questions we have. Who can love us in spite of ourselves. Who know our dark stories and still care to sit next to us. Who can speak truth into us when we're not really wanting to hear any truth.

If for whatever reason you feel like your Life Group is not going as you hoped it would, reach out to your leader and share your heart. If you don't feel comfortable doing that or perhaps you are the leader of the group, let someone else know. I'm available and so are the Group Coaches. I'm willing to meet with you and help and encourage where I can.

If you're feeling like you are alone... you are not!

Robert Conn Groups Pastor robert.conn@reality.church



## STUDENT SUNDAY DISCUSSION.

- Was there anyone who had a big positive impact on you as a child or student?
  - What did they do that really stuck out as special?
- Some of you may have had multiple people make positive impacts on your life (coaches, teachers, etc). If so, was there a common theme to how they touched your life?
- How can we as a church duplicate for the kids we have here, your positive experience?
  - Similarly, how can we make sure to avoid the negative childhood experiences you went through?
- Which Phase do you feel is most difficult for kids? (Pre School, Middle School/Junior High, High School)
- Do you currently have any kids in Reality Kids, Storm (5<sup>th</sup> & 6<sup>th</sup> Grade), Chaos (6<sup>th</sup> & 7<sup>th</sup> Grade), or Surge (High school)?
  - What lesson do you pray they learn while in that phase?
- Did you hear anything Sunday that was new information to you or surprised you?
- How are you specifically investing in the next generation at Reality Church?
- How can you as a parent be intentional about the time your child has left?
  - If single, empty nester, etc, How can you be intentional about the time these kids have left?
- Based on this week's service? How is your life going to be different?
- How can your Life Group pray for our Kids' and Student Ministries?