



WHEN THE
SOUL SINKS

LAMENTATIONS 3

Lamentations 3:20 My soul still remembers and sinks within me. ²¹ This I recall to my mind, therefore I have hope.

REMEMBERING THIS...

Lamentations 3:20 My soul still remembers
and sinks within me.

RECALL THIS...

Lamentations 3:21 This I recall to my mind, therefore I have hope. ²² Through the LORD'S mercies we are not consumed, because His compassions fail not. ²³ They are new every morning; great is Your faithfulness.

Lamentations 3:24 “The LORD is my portion,” says my soul, “Therefore I hope in Him!”²⁵ The LORD is good to those who wait for Him, to the soul who seeks Him.²⁶ It is good that one should hope and wait quietly for the salvation of the LORD.²⁷ It is good for a man to bear the yoke in his youth.

Lamentations 3:28 Let him sit alone and keep silent, because God has laid it on him; ²⁹ let him put his mouth in the dust—there may yet be hope. ³⁰ Let him give his cheek to the one who strikes him, and be full of reproach. ³¹ **For the Lord will not cast off forever.**

Lamentations 3:32 Though He causes grief, yet He will show compassion according to the multitude of His mercies. ³³ For He does not afflict willingly, nor grieve the children of men. ³⁴ To crush under one's feet all the prisoners of the earth, ³⁵ to turn aside the justice due a man before the face of the Most High, ³⁶ or subvert a man in his cause—the Lord does not approve.

Lamentations 3:39 Why should a living man complain, a man for the punishment of his sins? ⁴⁰ Let us search out and examine our ways, and turn back to the LORD; ⁴¹ let us lift our hearts and hands to God in heaven.