

Week 5: Worship

1. Worship is a spiritual discipline. What is worship to you?
2. Worship is derived from the old English word “worthship.” It is also defined as the God-centered focus and response of our soul. What does this definition tell you about true worship?
3. A.W. Tozer said, “If you will not worship God 7 days a week, you do not worship Him on 1 day a week.” What do you think it means to make worship a spiritual discipline, and do it every day of the week?
4. What do you think it looks like to worship “in spirit and in truth”?
5. Why is it important for Christians to be worshipping from the inside out rather than just on the outside? What could that look like in our cultural context?
6. How can you practically apply worship as we talked about it as a daily discipline in growing you into being more like Christ (transformation) and love Christ more (treasure)?

Put it into Practice:

- Worship is a whole life thing. It’s got a huge scope. To accomplish the big things we have to start small. So, pick a spiritual discipline from one of the past few sessions to put into practice as an act of worship. Make a plan, tell the group, and commit to do it this week.