

WEEK ONE

Clean My Heart

Quick! What are the most important basic practices of the Christian faith? What came to your mind is probably similar to these:

- 1- Reading the Bible**
- 2- Going to church**
- 3- Praying to God**

For the next 21 days, we are going to focus on that final practice: PRAYER.

Aside from the fact that we know we're supposed to, what is the reason that we bow our heads, close our eyes, and talk to God?

But why pray?

God doesn't typically talk back in a way that I can hear. I sometimes even feel kind of silly. What am I supposed to say to the creator of the universe that he's never heard before? He's been around since before time began and somehow I think that I will say something of value that he'd want to hear? Not likely.

So why pray?

This week you will read and respond to verses in the Bible that demonstrate how prayer is a response to God's character and your relationship with Him, as well as take the opportunity to lay your needs before Him and trust Him to take care of you. You will learn that we go to God both because He is worthy and because we desperately need Him.