



# Day 21

## Psalm 86:11-13

One of the Hebrew words for “wait” (qavah, קָוָה) means to stretch, like a coiled phone cord (if you’re under 30, go ask your parents what those are). Waiting stretches your heart and mind towards God. Like working out your muscles in the gym, stretching builds strength as well.

There’s a purpose in our waiting that is often overlooked or missed. Do you view waiting as an inconvenience and waste of time? Or do you see it as an opportunity to grow in necessary areas?

Missing the WHY in your waiting could actually prolong the process. So try asking the right questions as you pray. God, what are you trying to teach me? Where do I need to grow? What am I missing? What do I need to confess? What steps do I need to take now?

*Pray: “God, show me my spiritual blind spots as I wait on You today. Guide my mind and thoughts towards the right questions, and give me wisdom and discernment to see what You are showing me during the process.”*