



Day 6

Psalm 57

David writes Psalm 57 when he fled from King Saul in a cave. That's not a metaphor; it's a literal hiding place. Dark. Cramped. Afraid. He has been anointed as king, but he is not on the throne; he's on the run. He is living in the gap between God's promise and its fulfillment.

What does he do while he waits? He takes refuge in God: "In the shadow of your wings I will take refuge, till the storms of destruction pass by" (v.1). Waiting is not pretending the storm isn't real. It's choosing where you will hide. You can hide in bitterness, in self-pity, in distraction—or under the wings of God.

This is where waiting gets hard: We often know that God's will is better, but we don't like the way God has ordained to accomplish His will. However, being surrendered to God means we trust His will AND His way.

We should not attempt to apply God's power to do our will, nor should we attempt to do God's will in our own power. Both are futile attempts at waiting on God in the right way.

In the cave of Psalm 57, David also praises. "I will sing and make melody!" (v.7). That sounds outrageous. Who sings in a cave of unmet expectations? Someone who believes that God's will and God's way is better. Praise is not just what we do when the waiting is over; it is a weapon in the waiting. While you wait on God to act, you can still worship. You can still declare, "Be exalted, O God, above the heavens!" (v.5).

Your cave may be a hospital room, a quiet bedroom, a hard job, a broken relationship. You are not alone there.

Pray: "Lord, in my cave, help me take refuge in You. Lift my eyes to praise You before I see the answer. Be exalted in my waiting."