

# Surviving the Valley of Trouble

Life Group Outline

Sept 14<sup>th</sup>, 2014

## 1. Rest When You Can

A. It clears your mind “soul” **Matt 11:28-30**

Soul is MIND - WILL - EMOTIONS (all 3 need rest)

B. Anticipate the answer(don't move on your own) **Ps 5:3 MSG**

## 2. Speak if You Must **Matt 12:36**

A. Speak life (words are a creative force) Pro 18:21

Beware of deceptive conversation (sweet talking haters)

B. Don't speak death

## 3. Watch where you walk **Ps 62:2** “Rock” = Slab or cliff

A. Stay connected to the power source (track lightning)

B. Hide in Him **Ps 62:8 MSG**

**Victory is not in theology it's in Geology KNOW THE ROCK!!**

## 4. Expect the unexpected

A. His ways are higher than ours!

B. Quit trying to get out on your own!

He has a plan!!!! LEGOS 6 = 915,103,765