



October 15th, 2023 – “TRUST”

LOVE GOD, LOVE PEOPLE, AND SERVE THE WORLD

Philippians 2:1-4 ERV

✦ We must set intentional goals in our relationships, and then be actively _____ in meeting those goals.

Application makes all the difference! *The house won't paint itself just because you bought the paint!*

✦ Trust is defined as; a feeling of _____ in another. This confidence does not come directly from the other person, but from what you _____ of the other person.

“Keep your eyes wide open before marriage, half shut afterwards.” ~Benjamin Franklin

✦ When dating, you need to know someone fully, so that your trust-picture is _____.

Proverbs 1:20-23

Children are naturally trusting, and when you help them to also be discerning, you then empower them to be wise and protected from getting burned in relationships.

1 Corinthians 13:6-8

✦ Do not confuse love with being naïve. Love is not naïve, love does not negate _____. *Philippians 1:9-10, NIV*

✦ Love prompts trust, forgiveness, and _____.

Trust is not dictated only by the trustworthiness of another person. It comes from what you know and how you arrange what you know into a representation or “trust picture” of that person.

✦ **HOW TO BUILD AND REBUILD TRUST.**

1. Keep _____. *“Speak the truth in love.” Eph. 4:15*
2. Cultivate _____ openness. *Mutuality is vital to building trust.*
3. Be willing to _____ and let go. *Ephesians 4:31-32*
“Holding a grudge is like drinking poison and then hoping the other person dies!”
4. Recognize the _____ between forgiveness and trust. *Forgiveness, by nature cannot be earned; it can only be given. Trust, by nature, should be given only as it is earned.*
5. Be willing to _____ some of your relationship rules. *Set boundaries in the relationship, increase transparency, and alter some agreed-upon rules.*
6. Be willing to _____ trust. *Trust will never develop in your relationship unless trust is both earned and given.*
7. Don't give up! *Don't quit when it gets hard! Keep loving each other and allow God to bring wholeness and healing to your relationship.*

Answers: involved, confidence, think, accurate, discernment, healing, communicating, mutual, forgive, difference, change, give.

**all verses were taken from the NLT unless otherwise noted.*