



UNDERSTANDING SEXUAL DESIRE IN MARRIAGE

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HIGH DESIRE VS LOW DESIRE

“Sex was designed for depth not
for drama.”



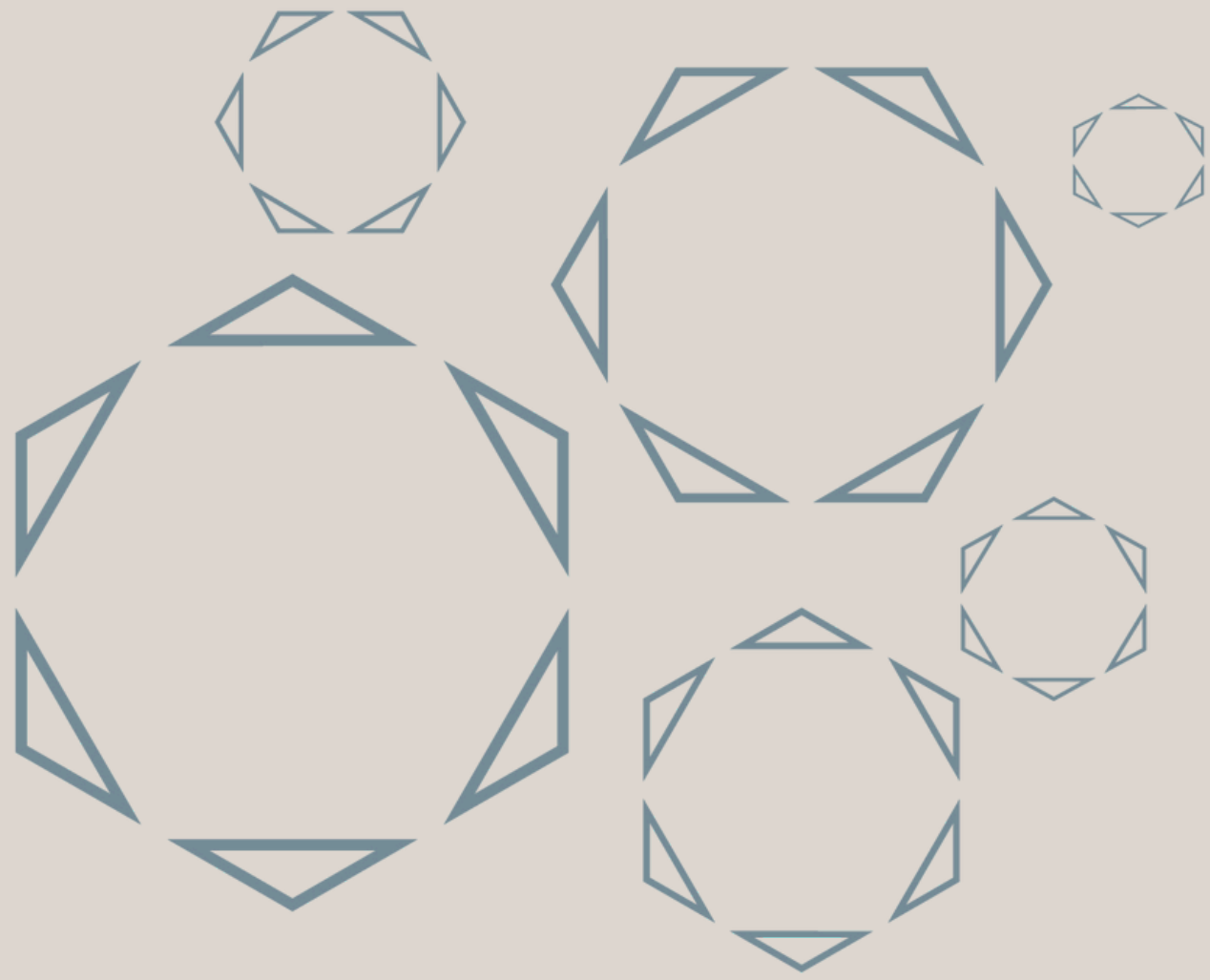
THE BIBLE ON SEXUAL DESIRE:

1 CORINTHIANS 7:1-7 NIV

“Now for the matters you wrote about: “It is good for a man not to have sexual relations with a woman.” But since sexual immorality is occurring, each man should have sexual relations with his own wife, and each woman with her own husband. The husband should fulfill his marital duty to his wife, and likewise the wife to her husband. The wife does not have authority over her own body but yields it to her husband. In the same way, the husband does not have authority over his own body but yields it to his wife. Do not deprive each other except perhaps by mutual consent and for a time, so that you may devote yourselves to prayer. Then come together again so that Satan will not tempt you because of your lack of self-control ...”



THE BIBLE ON SEXUAL DESIRE:



01

Song of Songs 2:16-17 NIV

My beloved is mine and I am his;
he browses among the lilies.
Until the day breaks
and the shadows flee,
turn, my beloved,
and be like a gazelle
or like a young stag
on the rugged hills.

02

Song of Songs 4:5-7 NIV

Your breasts are like two fawns,
like twin fawns of a gazelle
that browse among the lilies.
Until the day breaks
and the shadows flee,
I will go to the mountain of myrrh
and to the hill of incense.
You are altogether beautiful, my darling;
there is no flaw in you.

GOD'S PURPOSES FOR SEX

1

for marital pleasure

2

to forge deep emotional bonds

3

to express worship to God & bring Him pleasure

4

to minister to and serve one another

5

to populate God's kingdom





HIGH DESIRE VS LOW DESIRE

- 01** Low Desire: A Function Of Physical Or Life Challenges ...
- **02** Low Desire: A Function Of Emotional Disconnection ...
- **03** Most couples are trained to focus on emotional needs ... so we focus on outward actions and physical desires
- **04** Zero Desire Is Not More Spiritual
- 05** High Or “Insatiable Desire” ... Is Not Necessarily Healthy Desire ...

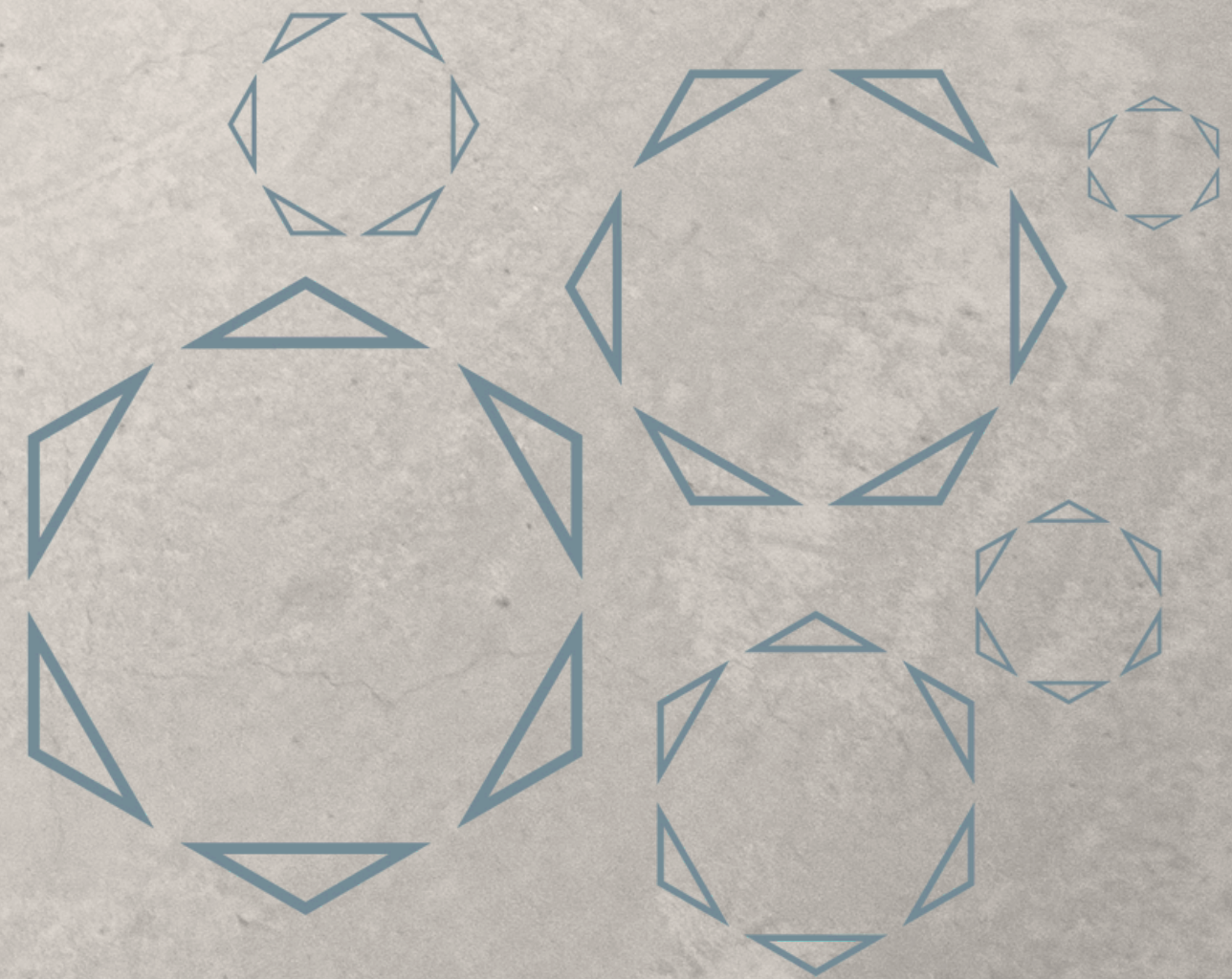
SO HOW SHOULD WE NAVIGATE UNMET DESIRES?

**Acknowledge
Fears ...**

**Acknowledge
Felt Pressures ...**

HIGH DESIRE - LOW DESIRE DYNAMICS

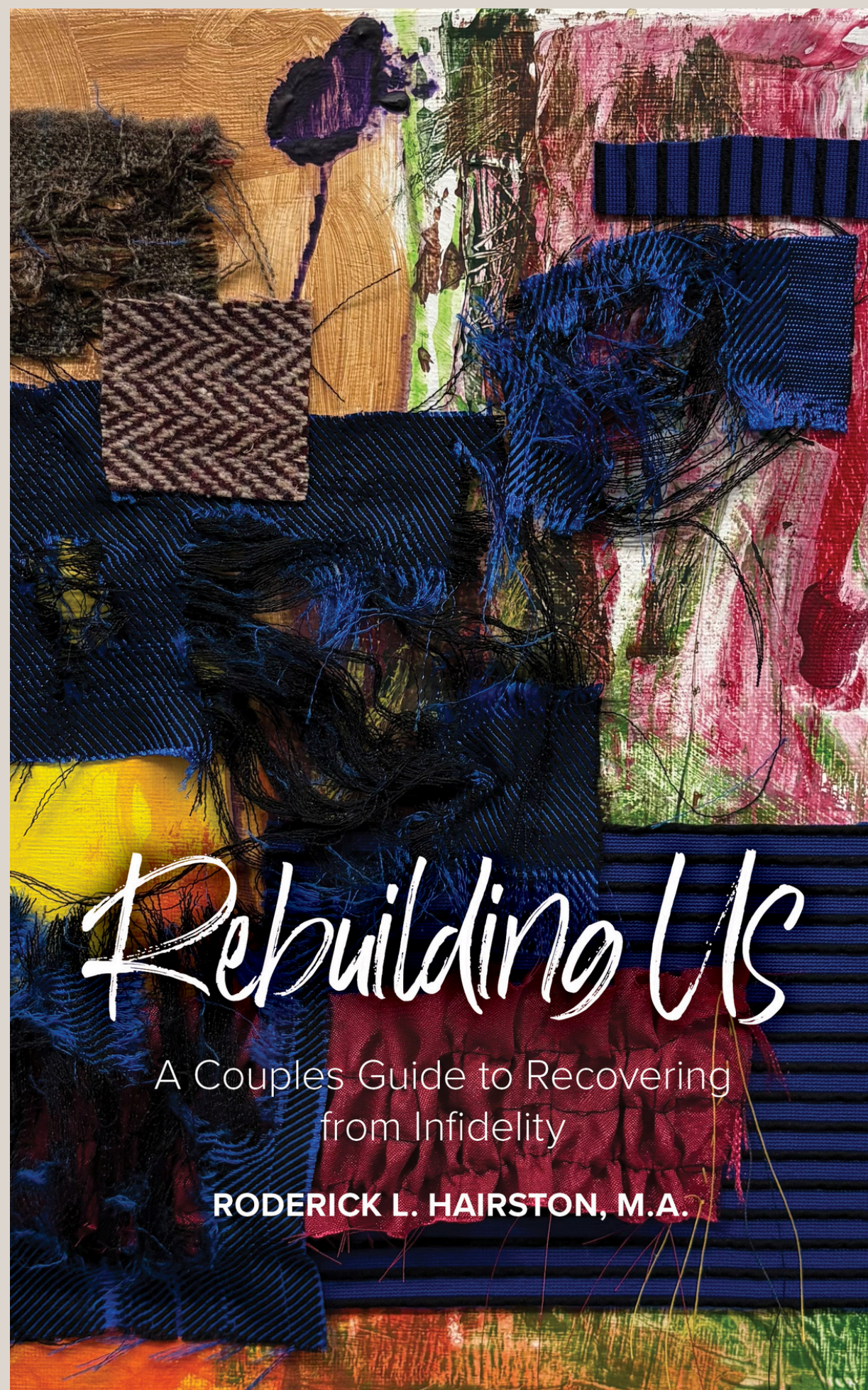
**The Question Is “How Do We Address
The Real Needs, Desires, & Issues?”**



THE GREAT SEX CONVERSATION EXERCISE



ROD HAIRSTON



REBUILDING US – PRE-ORDER



THE OFFER:

LOVE MASTERY ... Using The Dream Marriage Method by Rod Hairston M.A.



Imagine having a marriage or relationship that is transformed from deep frustration to deep satisfaction.



ENROLL HERE

