## How to be Led by the Spirit

## Part 4

## Training the Soul

- 1. What happens to the soul and spirit when a person becomes a Christian?
  - a. The spirit is renewed. (Ezekiel 36:26, 2 Corinthians 5:17)
    - i. The old person (or spirit) is gone.
    - ii. They become a new person (spirit).
  - b. The soul is not renewed. (James 1:21)
    - i. The soul is unchanged.
    - ii. The soul remains in the same condition.
    - iii. The soul is not saved.
- 2. Train the soul by renewing the mind.
  - a. Renew the mind (soul) with the Word.
    - i. The renewing of the mind is the saving of the soul. (Romans 12:2)
    - ii. Wash the soul with the water of the Word. (Ephesians 5:26-27)
    - iii. Renewing the mind is a continuous process. (Joshua 1:8)
  - b. Take control of your thoughts.
    - i. Remove ungodly thoughts from your mind. (2 Corinthians 10:5)
    - ii. Keep your mind on the things of God. (Isaiah 26:3, Philippians 4:8)

## **Action Steps:**

Take time every day (at least 15 minutes) to train your mind.

- 1. Find a scripture that deals with the goodness or blessings of God.
- 2. Clear your mind of any negative and ungodly thoughts.
- 3. Spend those 15 minutes thinking on those scriptures.