

The Full Armor of God

Part 2—Caught in Addictive Behavior?

Your Belt, Your Breastplate, Your Shoes

*Ephesians 6:1-15—¹⁰Finally, **BE STRONG** in the Lord and in the strength of His might. ¹¹Put on the full armor of God, so that you will be able to stand firm against the schemes of the devil. ¹²For our struggle is not against flesh and blood, but against the rulers, against the powers, against the world forces of this darkness, against the spiritual forces of wickedness in the heavenly places. ¹³Therefore, take up the full armor OF GOD, so that you will be able to resist in the evil day, and having done everything, to stand firm. ¹⁴Stand firm therefore, having girded your loins with truth, and having put on the breastplate of righteousness, ¹⁵and having shod your feet with the preparation of the gospel of peace . . .* (NASB1995)

- “Be Strong” is a present passive imperative
 - An **imperative** is a _____
 - The command is in the **present tense**; something that you do _____
 - The command is in the **passive voice**; you _____ the action of the verb
- “Of God” is a **genitive of possession**—it’s _____ armor, not _____

1. The Nature of Warfare: Not a _____ Encounter, but a _____ Encounter.

John 8:32—³²Then you will know the truth, and the truth will set you free. (NIV)

James 4:7—⁷So humble yourselves before God. Resist the devil, and he will flee from you. (NLT)

- The enemy’s method is a simple but effective one: _____ generates temptation; sustained sin _____; _____ follows
 - Wrong _____ leads to wrong _____ resulting in loss of _____
 - Right thinking (_____) leads to _____ resulting in _____, which enables you to _____

- _____
 - When you defer to the truth of God, it establishes _____, corrects _____, and governs _____ and _____
 - All destructive, addictive behaviors or thoughts originate from believing a _____ instead of God’s _____
- _____
 - Righteousness is living according to the way _____ to live

John 16:8-9—⁸And when [the Holy Spirit] comes, he will convict the world of its sin, and of God’s righteousness, and of the coming judgment. ⁹The world’s sin is that it refuses to believe in [Jesus]. (NLT)

1 John 1:9—⁹If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. (NIV)

- The enemy’s tactic is to _____ and _____ believers into feeling unrighteous to _____ their peace
- _____
 - Peace is the automatic result of walking in _____ and _____
 - The enemy wants you to believe a _____ so he can _____ you, which destroys your ability to _____
- Truth (_____) aligns your mind and heart; righteousness (_____) conforms your life to the truth; peace (_____) stabilizes your stance and relationships

2. How Do You Move from _____ to _____—from the “Old Man” to the “New Man”?

Ephesians 4:17-19—¹⁷So this I say, and affirm together with the Lord, that you walk no longer just as the Gentiles also walk, in the futility of their mind, ¹⁸being darkened in their understanding, excluded from the life of God because of the ignorance that is in them, because of the hardness of their heart; ¹⁹and they, having become callous, have given themselves over to sensuality for the practice of every kind of impurity with greediness. (NASB1995)

Ephesians 4:20-24—²⁰But you did not learn Christ in this way, ²¹if indeed you have heard Him and have been taught in Him, just as

truth is in Jesus, ²²that, in reference to your former manner of life, you lay aside the old self, which is being corrupted in accordance with the lusts of deceit, ²³and that you be renewed in the spirit of your mind, ²⁴and put on the new self, which in the likeness of God has been created in righteousness and holiness of the truth.

(NASB1995)

Ephesians 4:25-32 (Sel.)—²⁵Therefore, laying aside falsehood, speak truth each one of you with his neighbor . . . ²⁶Be angry, and yet do not sin . . . ²⁸He who steals must steal no longer; but rather he must labor, performing with his own hands what is good . . . share with one who has need. ²⁹Let no unwholesome word proceed from your mouth . . . ³¹Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. ³²Be kind to one another, tender-hearted, forgiving each other . . .

(NASB1995)

2 Timothy 2:25-26—²⁵Gently instruct those who oppose the truth. Perhaps God will change those people's hearts, and they will learn the truth. ²⁶Then they will come to their senses and escape from the devil's trap. For they have been held captive by him to do whatever he wants. (NLT)

- Truth brings conviction leading to _____ and the _____ of your mind resulting in _____ and _____
- How do you use these pieces of armor?
 - Belt of Truth—Grounds your _____ and _____; it also counters _____ by anchoring _____ in Scripture
 - Breastplate of Righteousness—Protects your _____ by aligning your _____ and _____ with God's righteousness
 - Shoes of Peace—Stabilizes your _____; I can _____

Action steps . . .

- Strap on: The Belt of Truth, The Breastplate of Righteousness, and The Shoes of Peace