

Don't Worry-Be Happy!

Part 4—The Secret of Satisfaction

Matthew 5:6

Matthew 5:6—⁶Happy are those who are hungry and thirsty for true goodness, for they will be fully satisfied. (Phillips)

1. Why Are So Many So Unsatisfied?

- You don't find lasting satisfaction in _____

Ecclesiastes 1:8—⁸No matter how much we see, we are never satisfied; no matter how much we hear, we are never content. (TLB)

Hebrews 11:25b—²⁵. . . the short-lived pleasure of sin. (HCSB)

- You don't find lasting satisfaction in _____

Ecclesiastes 2:23—²³What does a man get for all his hard work? Days full of sorrow and grief, and restless nights. (TLB)

Ecclesiastes 2:21—²¹You work for something with all your skill, and then you have to leave it all to someone who hasn't had to work for it. (GN)

Ecclesiastes 4:8—⁸[Man] is always working, never satisfied. (GN)

- You don't find lasting satisfaction in _____

Ecclesiastes 5:10—¹⁰He who loves money will never have enough. The foolishness of thinking wealth brings happiness. (TLB)

The Secret of Satisfaction

Psalms 37:4—⁴Seek your happiness in the Lord, and He will give you your heart's desire. (GN)

2. How To Experience Satisfaction in Life.

- Recognize my real _____

Deuteronomy 8:3—³God humbled you by letting you go hungry and then feeding you with manna...He did this to help you realize that real life comes by obeying every command of God. (TLB)

- Stop eating _____ food

Isaiah 55:2a—²Why spend your money on what is not bread, and your labor on what does not satisfy? (NIV)

- Start looking to _____ for satisfaction

John 6:35 & 51—³⁵Jesus said, "I am the Bread of Life. Whoever comes to Me will never go hungry and whoever believes in Me will never be thirsty. . . ⁵¹If anyone eats of this bread, he will live forever! (NIV)

John 4:13-14—¹³Jesus said, "Whoever drinks water will get thirsty again; ¹⁴but whoever drinks the water I give will never be thirsty again. . . It will become in him a spring of living water. (GN)

*Matthew 5:6—⁶Happy are those who are hungry and thirsty
for true goodness, for they will be fully satisfied. (Phillips)*

- Take these three steps:

- _____
- _____
- _____

Action Steps . . .

- Come
- Believe
- Drink
- Get ready to be filled!