

**Sermon Notes and Discussion Questions:
A Walk Through the Garden - Matthew 26:36-45**

1. Walk into the Garden

Stop avoiding the sacrifice

What is the most difficult decision you have ever had to make? What priorities or factors did you consider most heavily as you made it?

How did you have to mentally, emotionally, or spiritually struggle throughout the process? Who did you rely on for encouragement, guidance, or support throughout that time?

Looking back, would you have walked through the decision any differently or focused on any other truths or ultimate goals more heavily? How can you apply that understanding to future decisions?

2. Trust -

in some good friends (don't speak, pray)

in some good

in a good God

He will not abandon us

Why do you think Matthew included the detail that Jesus fell facedown to pray? What does that indicate about the nature of prayer and the inward sentiment of Jesus that night?

Why do you think Jesus asked the disciples to go with Him?

What might Jesus have wanted them to see and learn as a result? What did it reveal about the power of His presence?

3. Pray & Pray

How does Jesus' prayer in the garden impact your prayer life?

4. Walk on

How can we rely on His strength and power to work in and overcome our weaknesses so that we do not miss out on all He is doing and working around us?

Given Jesus' openness with Peter, James, and John about the severity of His sorrow, what do we learn about the need for transparency with Jesus and other believers—here at our church and beyond?