



King Solomon's Guide to the Best Summer Ever: Make Fun a Priority

Memory Verse:

Romans 15:13 NKJV

Now may the God of hope fill you with all joy and peace in believing, that you may abound in hope by the power of the Holy Spirit.

What was your favorite summer activity growing up, and if you could relive one summer day from your childhood, what would it be?

Many people assume God is opposed to fun, joy, and enjoyment. Solomon's wisdom teaches exactly the opposite. Ecclesiastes reminds us that life apart from God leaves us empty, but life with God allows us to enjoy His gifts rightly. God isn't the enemy of joy—He is its source. Tonight we'll explore what Scripture says about joy, fun, and why making room for healthy enjoyment is actually part of God's design.

Read: Ecclesiastes 8:15

What surprises you most about Solomon's conclusion? Why do you think many Christians struggle to believe that God actually wants them to enjoy life?

Read: Zephaniah 3:17.

The passage says God delights in His people and rejoices over them with singing. How does seeing God as joyful change the way you think about your relationship with Him?

Read: Nehemiah 8:10.

What do you think Nehemiah meant by this? Can you think of a time when joy gave you strength during a difficult season?

Read: John 15:11, Hebrews 12:2

Jesus endured the cross because of "the joy set before Him." What does this teach us about the relationship between joy and perseverance? How is biblical joy different from temporary happiness?

Read: Philippians 4:8, Galatians 5:16-25

The sermon challenged us to "choose our fun wisely. What are some examples of activities that bring healthy, God-honoring joy? What are some things that promise fun but ultimately leave people empty?

Read: 1 Corinthians 15:33, Proverbs 12:26

The sermon said, "Fun travels in packs." How have friendships influenced your spiritual life—either positively or negatively? What qualities make someone a life-giving friend?

Read: James 1:12

Why is delayed gratification so difficult in our culture? Can you think of an area where waiting on God produced something better than immediate pleasure?

Read: Psalm 1:1-2

How does what we focus on affect our joy? What practical habits help you maintain a hopeful, faith-filled mindset when life gets difficult?

The sermon made this statement: "Fun is not a replacement for holiness, but a rhythm of life that helps sustain gratitude, community, and resilience as we live lives of worship to Him."

Do you agree? Why or why not?

What would it look like for your family, marriage, friendships, or LifeGroup to intentionally make healthy joy a greater priority this summer?

Take time to pray for one another as a group.