



TOO BUSY TO BE STILL!

Psalm 46:1-10, NKJV

Big Idea: The goal is not an empty calendar. The goal is a surrendered heart where Jesus is first.

1. YOUR ATTENTION REVEALS YOUR ALTAR

Busyness can look like faithfulness while quietly starving your soul. You can be active in church and absent from God. The issue is not a full calendar; the issue is a heart that has allowed its calendar to become its master.

"For where your treasure is, there your heart will be also." — Matthew 6:21, NKJV

- Where does my mind go first thing in the morning?
 - What has the power to interrupt my peace?
 - What do I check before I pray?
 - What has been receiving the attention that belongs to God?
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2. MARTHA SERVED JESUS BUT MISSED JESUS

Martha was not distracted by something sinful. She was distracted by something good. She was serving Jesus, yet too distracted to sit with Jesus. Being with Jesus must come before doing things for Jesus.

"Martha, Martha, you are worried and troubled about many things. But one thing is needed..." — Luke 10:41-42, NKJV

- Am I serving from a heart that has been with Christ?
 - Am I doing things to obey God, or to prove my worth and keep everyone happy?
 - A good opportunity is not automatically a God assignment.
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3. ACTIVITY CANNOT REPLACE ABIDING

A branch does not produce fruit by striving harder. It bears fruit by staying connected. We can attend, teach, sing, lead, and serve while living on yesterday's connection with God. Stillness before God is the root of fruitfulness.

"Abide in Me, and I in you... for without Me you can do nothing." — John 15:4-5, NKJV

- Build a daily appointment with God that is not negotiable.
 - Open the Word. Put away the phone. Pray honestly. Sit quietly.
 - You do not need a perfect hour; you need a surrendered first place.
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4. "BE STILL" IS A THRONE-ROOM COMMAND

Psalm 46 is not quiet. Nations rage, kingdoms move, and the earth trembles. Yet God commands His people to stop striving and remember who is King. God is not asking to be included in your schedule; He is calling you to arrange your

schedule under His lordship.

"Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth!" — Psalm 46:10, NKJV

- My job is not my provider.
 - My reputation is not my savior.
 - My performance is not my righteousness.
 - My ability to control outcomes is not my security.
 - My calendar is not God. Jesus is King.
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CLOSING CHALLENGE

Do not leave merely determined to become less busy. Leave determined to become more surrendered. Put down what has been ruling you. Turn off what has been discipling you. Step away from the noise. Open His Word. Sit at His feet. Hear the voice of God over the chaos: **"Be still, and know that I am God."** Not because there is nothing else to do, but because there is no one more important than Him.