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Sin Will take you further than you want to go; keep you longer than you want to stay and cost you more than you want to pay.

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The fish was not punishment; but Gods provision.

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The Easy Way Isn't Always The Easy Way

Jonah 1:17

Now the Lord had prepared a great fish to swallow Jonah. And Jonah was in the belly of the fish three days and three nights.

Jonah 2:1-6

Then Jonah prayed to the Lord his God from the fish's belly. **2** And he said: "I cried out to the Lord because of my affliction, And He answered me. "Out of the belly of Sheol I cried, *And* You heard my voice. **3** For You cast me into the deep, Into the heart of the seas, And the floods surrounded me; All Your billows and Your waves passed over me.

4 Then I said, 'I have been cast out of Your sight; Yet I will look again toward Your holy temple.'

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He Looked Up Again!

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1. Jonah Changes His Posture

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The Enemy Loves For Man To Be In A Place Of Shame, Fear and Condemnation

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Adam and Eve

Genesis 3:8-11

And they heard the sound of the Lord God walking in the garden in the cool of the day, and Adam and his wife hid themselves from the presence of the Lord God among the trees of the garden. **9** Then the Lord God called to Adam and said to him, "Where *are* you?" **10** So he said, "I heard Your voice in the garden, and I was afraid because I was naked; and I hid myself." **11** And He

said, "Who told you that you were naked? Have you eaten from the tree of which I commanded you that you should not eat?"

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There Not Chasing God; God Is Chasing Them

Romans 8:1

There is therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit.

Psalms 121:1-2

I will lift up my eyes to the hills—From whence comes my help? My help *comes* from the Lord, Who made heaven and earth.

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Change Your Posture Don't Let Your Mess-ups Mess You Up

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Don't Let Your Set Backs, Set You Back Let It Be A Set Up For A Come Back

Peter denied Jesus three times

PETER PREACHED ON THE DAY OF PENTECOST

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2. Change Your Perspective

Ionah 2:7-9

"When my soul fainted within me, I remembered the Lord; And my prayer went *up* to You, Into Your holy temple. "Those who regard worthless idols Forsake their own Mercy. But I will sacrifice to You With the voice of thanksgiving; I will pay what I have vowed.

Jonah 2:9 TLB

But I will offer sacrifices to you with songs of praise, and I will fulfill all my vows. For my salvation comes from the Lord alone." Salvation *is* of the Lord."

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Let Praise Invades Your Problem Let Worship Invades Your Worries

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Your Praise Will Be A Problem, For Your Problem

Personal Praise encourages you

Psalms 43:5

Why are you cast down, O my soul? And why are you disquieted within me? Hope in God; For I shall yet praise Him, The help of my countenance and my God.

Psalms 22:3-5

Yet you are holy, enthroned on the praises of Israel. Our ancestors trusted in you, and you rescued them. They cried out to you and were saved. They trusted in you and were never disgraced.

2 Chronicles 20:14-25 Iahaziel

Then the Spirit of the Lord came upon Jahaziel the son of Zechariah, the son of Benaiah, the son of Jeiel, the son of Mattaniah, a Levite of the sons of Asaph, in the midst of the assembly. **15** And he said, "Listen, all you of Judah and you inhabitants of Jerusalem, and you, King Jehoshaphat! Thus says the Lord to you: 'Do not be afraid nor dismayed because of this great multitude, for the battle *is* not yours, but God's. **16** Tomorrow go down against them. They will surely come up by the Ascent of Ziz, and you will find them at the end of the brook before the Wilderness of Jeruel. **17** You will not *need* to fight in this *battle*. Position yourselves, stand still and see the salvation of the Lord, who is with you, O Judah and Jerusalem!' Do not fear or be dismayed; tomorrow go out against them, for the Lord *is* with you."

18 And Jehoshaphat bowed his head with *his* face to the ground, and all Judah and the inhabitants of Jerusalem bowed before the Lord, worshiping the Lord. 19 Then the Levites of the children of the Kohathites and of the children of the Korahites stood up to praise the Lord God of Israel with voices loud and high. 20 So they rose early in the morning and went out into the Wilderness of Tekoa; and as they went out, Jehoshaphat stood and said, "Hear me, O Judah and you inhabitants of Jerusalem: Believe in the Lord your God, and you shall be established; believe His prophets, and you shall prosper." 21 And when he had consulted with the people, he appointed those who should sing to the Lord, and who should praise the beauty of holiness, as they went out before the army and were saying: "Praise the Lord, For His mercy endures forever." 22 Now when they began to sing and to praise, the Lord set ambushes against the people of Ammon, Moab, and Mount Seir, who had come against Judah; and they were defeated. 23 For the people of Ammon and Moab stood up against the inhabitants of Mount Seir to utterly kill and destroy them. And when they had made an end of the inhabitants of Seir, they helped to destroy one another. 24 So when Judah came to a place overlooking the wilderness, they looked toward the multitude; and there were their dead bodies, fallen on the earth. No one had escaped. 25 When Jehoshaphat and his people came to take away their spoil, they found among them an abundance of valuables on the dead bodies, and precious jewelry, which they stripped off for themselves, more than they could carry away; and

they were three days gathering the spoil because there was so much.

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Praise Will Always Change Your Perspective

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3. The Path

Jonah 3:1

Now the word of the Lord came to Jonah the second time, saying, **2** "Arise, go to Nineveh, that great city, and preach to it the message that I tell you."

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Don't Allow A Detour To Destroy Your Destiny

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When We Focus On Our History, Its Always At The Expenses Of Our Destiny.

Change your path through obedience

Siri

Its never to late to get you back

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Posture

Perspective

Path