

SERMON NOTES

Date: March 28, 2021

Series: Cries from the Cross

Title: The Cry of Suffering

Text: John 19:28

Big Idea: Jesus' cry of suffering reveals the degree to which he languished under the judgment of God as a man in our place that we could be saved and satisfied in him.

APPLICATION GUIDE

DISCUSS

Read Psalm 69 and discuss how it reflects many of the things Christ endured during his ministry and crucifixion.

What does Jesus' awareness of fulfilling scripture teach us about him?

How does the cry "I thirst" express both the physical and spiritual suffering of Christ?

APPLY THE TRUTH

How does knowing that Jesus suffered as a human being encourage you in your sufferings today (cf. Galatians 4:4-7; Hebrews 2:17)?

Describe a time in your life when you found yourself with spiritual thirst. How can God satisfy that thirst?

In his suffering, Jesus' heart and mind were continually filled with the knowledge and application of scripture. What scripture truths directly apply to a struggle you are facing right now? Be specific.

COMMIT THIS WEEK

Using the image of a deer that pants for water in the desert, Psalm 42 helps us express our thirst for God. Meditate on this Psalm this week, even using the song "As the Deer" to express worship and devotion to God.