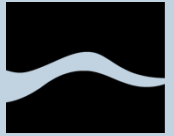


SERMON NOTES

TELL ME ABOUT HIS SUBMISSION

Mark 14:32-42



BIG IDEA: Jesus willingly submitted to the Father's will to secure our salvation.

APPLICATION GUIDE

AUGUST 16, 2026

DISCUSS

Can you think of a time when the hardest part of a task wasn't actually doing it, but deciding to do it? What made that decision so difficult?

How does that help us appreciate Jesus' decision in Gethsemane to willingly submit to the Father's will, knowing exactly what awaited Him?

EXPLORE

How does Jesus' prayer in Gethsemane reveal both his true humanity and his perfect submission to the Father's will (vv. 32–36)?

What contrast does Mark draw between Jesus and his disciples through the repeated pattern of praying and sleeping (vv. 37–40)? What does this teach us about dependence on God?

What is significant about Jesus' words, "The hour has come... Rise, let us be going" (vv. 41–42)? How do they demonstrate his willing obedience to the Father's plan?

APPLY

What "cup" have you been asking God to remove, and how is he inviting you to trust his will even if he doesn't take it away?

Where are you relying more on your good intentions than on God's strength through watchfulness and prayer?

Is there an act of obedience you've been delaying because you know it will be difficult or costly? What would it look like to say, "Let's get going," with the Lord's help?

COMMIT

Because Jesus willingly submitted to the Father's will to secure your salvation, what is one specific area this week where you will surrender your will to him and obey him, regardless of the cost?