
Opening Question

Who are the first 2–3 people you’d call with either great news or devastating news?

Watch Lesson

Play video lesson for the group.

Scripture Reading

Read Luke 8:49–56; 9:28–36 and Matthew 26:36–38 aloud together.

Observation Questions

1. What special events were they present for that the others were not?
2. How did Jesus interact differently with these three compared to the larger group?
3. What emotions do you notice in Jesus during these moments?
4. What roles do these core disciples play in the narratives?

Interpretation Questions

1. What do these passages reveal about the importance of close relationships in spiritual life?
2. How might these disciples have been shaped by these experiences?
3. What do these passages teach about vulnerability and support in times of trial?
4. How does the concept of a “core group” reflect God’s design for community?

Application Questions

1. Who are your “Core 3” (or 2–5 people) you can be most honest and vulnerable with?
 2. How do you currently share joys and struggles with others?
 3. What steps could deepen trust and transparency with your closest friends in faith?
 4. How might God be calling you to be a “core person” in someone else’s life?
 5. What keeps you from letting others into your hardest or most meaningful moments?
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Further Study Passages:

- Ecclesiastes 4:9–12 – Two are better than one
 - Proverbs 27:17 – Iron sharpens iron
 - John 17:20–21 – Jesus’ prayer for unity
 - Galatians 6:2 – Carry each other’s burdens
 - James 5:16 – Confess your sins to one another
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Challenge of the Week:

Start to identify your *Core 3* this week and reach out intentionally to connect with them. If you are still looking for your *Core 3*, pray this week for God to show you who these people could be.

Prayer Guide:

- Pray for your closest relationships in faith—that God would deepen trust, vulnerability, and encouragement.
- Ask God to help you be a supportive, trustworthy core person for others.